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PRESIDENT'S MESSAGE

Record-breaking Abstract Submissions for Conference

Diane Ste-Marie, NASPSPA President



Diane Ste-Marie

Despite the fact I am writing the spring newsletter column, here in Ottawa, Canada, there is still lots of snow on the ground and a cold chill in the air, thus making the upcoming Hawaii conference all that much more appealing! We had a great response

to the call for abstracts, with a record-breaking performance of over 500 submissions. This has our program chairs, their committees, and the past president very busy with the review process and future development of the program. We will have to be sure to give a big thanks to them when we see them in June in Honolulu. They are also taking into consideration the attendees' desire to have some time to experience Hawaii, so the plan is to have Friday sessions end at 3:15 p.m. Penny, our fabulous conference site coordinator, is currently trying to make an arrangement with the Polynesian Cultural Centre for a Friday night experience, which conference attendees can opt to pay for to attend. More on the Hawaii

conference program is presented by Jody in the Past-President's column.

With such a large response to our abstract submission, it is likely that we are attracting new members to our organization with this destination conference. It is my hope that we can keep our newfound members and continue to build

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Executive Committee

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Jody Jensen, University of Texas

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*Jeff Fairbrother, University of Tennessee,
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Student Representative

Travis Dorsch, Purdue University

PAST-PRESIDENT'S COLUMN

A Wonderful Gathering of Colleagues

By Jody L. Jensen, University of Texas at Austin



Jody Jensen

Aloha. The 2012 Hawaii conference is going to be a wonderful gathering of colleagues bringing their research from around the world. The international character of NASPSPA is prominent with attendees coming from Australia, South America, North America, Asia and Europe. We are fortunate to have the participation of Lawrence Shapiro from the University of Wisconsin giving the Human Kinetics Lecture. The following colleagues will be giving the Senior Lectures: Dale Ulrich (University of Michigan) for *Developmental Perspectives on Motor Control-Coordination-Rehabilitation*, Peter Hancock (University of Central Florida) for *Motor Learning and Control*, and Kathleen Martin Ginis (McMaster University) for *Sport and Exercise Psychology*. For student members of NASPSPA, make sure you read the column by Travis Dorsch on the great program he has scheduled for student networking and programs.

We have finished up the conference schedule and prepared the abstracts for publication in the supplement to the *Journal of Sport and Exercise Psychology*. Helping me in these tasks is Dustin Miller (DMiller@NASPSPA@gmail.com), a senior University of Texas student earning his

The program boasts 560 abstracts, including 20 symposia, that will provide congruent presentation and critical analyses of some of the most relevant topics in our fields.

degree in Sport Management. He is working on conference affairs as my intern. One of Dustin's duties is to help disseminate information about last-minute changes at the conference. Despite best planning, inevitably changes occur. Thus, during the Hawaii conference, we will keep you updated on schedule and location changes via Twitter and Facebook. Follow us on Twitter and "like" us on Facebook. During the conference daily updates will be sent via these two sites.

The conference program is filled with the promise of stimulation for the mind. And you will be pleased to know we have not forgotten about the body and spirit. The Hawaii conference is undoubtedly popular in part for its location. So that you may enjoy the conference locale, the program on Friday will end at 3:15 pm to give

*Conference updates available at:
[Twitter.com/NASPSPA](https://twitter.com/NASPSPA)
[Facebook.com/NASPSPA](https://facebook.com/NASPSPA)*

you the opportunity to escape to the beach or other parts of the island. For other information about registration, hotel reservations, and flight discounts to the conference, check the NASPSPA Know & Do column at the end of this newsletter.

I want to thank my Area Program Chairs, Jane Clark for *Developmental Perspectives on Motor Control-Coordination-Rehabilitation*, Al Smith for *Sport and Exercise Psychology*, and Mark Williams for *Motor Learning and Control*, along with their committee members for generating this excellent program. It is the contributions of my many colleagues who are giving of their time and talents to create the program and to our inimitable Dr. Penny McCullagh for her negotiating skill, conference business sense, and personal hand-holding that this year has been a pleasure in my work for NASPSPA. My personal thanks to you all.

Aloha – see you in Hawaii

STUDENTS' COLUMN

Looking Toward Hawaii

Travis Dorsch, Purdue University, Student Representative



Travis Dorsch

As winter turns to spring in the Northern Hemisphere, it is time to turn our attention to NASPSPA 2012. This year's conference in Honolulu, Hawaii, is quickly approaching, and plans are well under way to make this a memorable addition to the rich history of great conferences. Before I touch

on some of the specifics of this year's conference, I'd like to offer an enthusiastic thank-you from the Executive Committee for the number of abstract submissions this year. Moreover, I commend our student membership for putting their research forward for review. Our three Area Program Chairs and their respective committees are working diligently to create a strong docket of lectures, keynotes, symposia, oral presentations, and posters. NASPSPA remains a great forum for faculty and students to present new and innovative research, and I am confident this year will be no different.

Several events will take place over the course of our week in Hawaii. First, I encourage all student members to attend NASPSPA's annual business meeting on Friday during lunch. Current NASPSPA issues will be presented and discussed, and Penny McCullagh, Conference Coordinator will update us on future conference

sites—always a highlight! As always, lunch will be provided at no charge (vegetarian options available). In conjunction with the business meeting, NASPSPA's new Executive Committee members will be introduced to the membership. As a reminder, elections for this year's vacant positions will take place online beginning with the publication of this newsletter and continue for 10 business days. Please take the time to read the statements of all nominees, and do not forget to cast your vote. Our society is moving forward in its vision, and this is your opportunity to be a part of that change.

This year's Friday program will end at 3:15 p.m., and I am making plans for our student social on Friday afternoon. Plans are still being finalized, but we will meet at the hotel after the last afternoon session and shuffle across the street to world-famous Waikiki Beach. But, this year's student social won't just be a day at the beach. We will have multiple opportunities to participate in water sports if you're looking for some adventure, and we'll have music and games on the beach if you want to stay dry. So, bring your suits and an appetite for food and fun! As always, food and beverages will be provided at a nominal cost for students. When the sun goes down, we will take the party to downtown Honolulu and the more than 50 clubs, restaurants, and bars within walking distance of our hotel. And here's the great news: A portion of NASPSPA's

annual conference funds are allocated toward the cost of our student social, greatly reducing the price for student members. This year, students will be asked to contribute \$10 for the entire experience—lessons, food, drinks, music, and all. Please plan to sign up for this event at conference registration (cash only) so we know how many water sport instructors to hire and how much food to purchase. I am looking forward to a great night hanging with you all on the beach and in the Pacific!

On Saturday, during the midday program break, we will again host a student-faculty roundtable lunch. This is an outstanding opportunity to connect with junior and senior faculty members from each of NASPSPA's three disciplines. Discussions will be student-driven; in the past these have included topics such as work-life balance, postdoctoral opportunities, grant writing, and life in academe. This is a great opportunity to ask questions and gain knowledge and perspective from a breadth of NASPSPA professionals. I have been working hard to secure faculty in each of NASPSPA's three disciplines, and I promise to have a strong lineup for you in June. A portion of the cost of lunch will again be subsidized by NASPSPA, reducing the student fee to just \$10 for this once-a-year opportunity. You may sign up for this event online when you register for the conference or at the student table after on-site registration. But don't delay, because only a

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EXECUTIVE COMMITTEE CANDIDATES

President-Elect Candidates



Alan L. Smith

an active member of NASPSPA since 1991.

Alan L. Smith is a professor of Health and Kinesiology at Purdue University, where he also holds a courtesy appointment in Psychological Sciences. He received his PhD in Exercise and Movement Science from the University of Oregon in 1997. Smith has been

He has presented at 17 annual conferences, served on the *Sport and Exercise Psychology* Area Program Committee three times (twice as chair), and served as Secretary-Treasurer from 2004 to 2006.

Smith's research addresses youth social and psychological development in physical activity contexts, youth physical activity behavior, and the link of physical activity with cognitive, motor, and social-behavioral functioning in young children. He is widely known for his research on peer relationships in physical activity contexts. His

current work is funded by the National Institute of Mental Health. Smith's recent publications appear in outlets such as *Human Movement Science*, *Journal of Adolescent Health*, *Journal of Attention Disorders*, *Journal of Sport & Exercise Psychology*, *Psychology & Health*, and *Psychology of Sport and Exercise*. He has served as associate editor of the *Journal of Sport & Exercise Psychology* and on the editorial boards of *Child Development*, *International Journal of Sport Psychology*, and *Journal of Applied Sport Psychology*.

[Al's Purdue faculty web page](#)



Diane Mack

master's degrees from Carleton University and a PhD from the University of Western Ontario in 1996. A longstanding supporter of NASPSPA, Diane served on the NASPSPA Executive Committee as Communication Director from 2005 to 2007.

Diane Mack is an Associate Professor in the Department of Kinesiology at Brock University. She currently serves as the co-director of the Behavioural Health Sciences Research Lab and is a member of the Centre for Bone and Muscle Health. She earned her bachelor's and

Diane's early research examined the role of participation in physical activity on self-presentational processes. Current interests span the processes through which physical activity is associated with well-being outcomes in symptomatic (i.e., individuals living with osteoporosis) and asymptomatic cohorts. Diane's research has benefited from support from the Social Sciences and Humanities Research Council of Canada.

Over 65 peer-reviewed authored and co-authored papers and chapters have appeared in publications such as the *Journal of Sport & Exercise Psychology*, *Research Quarterly for Exercise and Sport*, and *Psychology of Sport and Exercise*. Diane currently serves on the editorial boards of the *International Journal of Sport and*

Exercise Psychology and *Sport, Exercise, and Performance Psychology*. She is a consulting editor for the *Journal of American College Health*.

[Diane's Brock University faculty web page](#)

EXECUTIVE COMMITTEE CANDIDATES

Secretary-Treasurer Candidates



Jan Hondzinski

Jan M. Hondzinski is an Associate Professor and the Motor Behavior Area Coordinator in the Department of Kinesiology at Louisiana State University (LSU). She started her tenure at LSU as an Assistant Professor after receiving her PhD in Exercise Science

from the University of Iowa and completing two years of postdoctoral training in motor control (Department of Neuroscience) at the University

of Minnesota. She was promoted to Associate Professor in 2007. Hondzinski has earned the TIAA-CREF Service-Learning Award, a sabbatical, and Flagship Faculty recognition for scholarly activities at LSU.

Hondzinski's research interests involve the study of motor control and sensorimotor integration. Her studies involve the effects of gaze direction, sensory alterations, and neurodegeneration on movement of the whole body or body segments. The results of the experiments are used to identify coordination strategies of healthy people and contribute to the basic understanding of sensory use and effects of variations for movement control and to improve

training regimens or expand rehabilitation strategies for people with deficits due to normal aging or pathology, such as vestibular loss, peripheral neuropathy, or Parkinson's disease. Current research support is from the Reilly Family Foundation for studies involving Parkinson's disease.

Hondzinski and her students have presented research at the annual NASPSPA meeting since 2003. She organized the NASPSPA symposium Focused Training Techniques in Individuals With Parkinson's Disease and was a member of the *Motor Learning and Control* Area Program Committee for the 2010 annual conference.

[Jan's LSU faculty Web page](#)



Shannon Ringenbach

Shannon Ringenbach earned a BPe in Kinesiology from McMaster University, an MSc in Human Biodynamics from McMaster University, and a PhD in Kinesiology from Purdue University. As director of the Sensorimotor Development Research Lab at Arizona

State University (ASU), she investigates long-term motor learning and development of timing and coordination following various instructional

interventions (e.g., visual, verbal, auditory, music) in people with Down syndrome.

In general, movement and clinical outcomes in perceptual-motor skills are investigated in typically developing children, special populations (e.g., Down syndrome, intellectual disability, Autism, Parkinson's disease) and typical adults to investigate cerebral asymmetries, learning, individual differences, and therapeutic interventions. Most recently she is investigating the effects of exercise interventions on motor, cognitive, and clinical functions in adolescents and elderly people with Down syndrome. Since 2000 her research has been funded by the National Institutes of Child

Health and Human Development, the National Down Syndrome Society, the Jerome Lejeune Foundation, Special Olympics, and the Centers for Disease Control and Prevention. She received the Professor of the Year Award at ASU, was featured as one of Arizona's Leading Women Scientists in *Phoenix Woman* magazine, and was awarded the Young Research Career Award at the World Down Syndrome Congress. She has been a member of NASPSPA since 1991 and was on the Executive Committee as the Student Representative from 1996 to 1997.

[Shannon's ASU faculty web page](#)

EXECUTIVE COMMITTEE CANDIDATES

Student Representative Candidates



Jenn Tomasone

Aloha! My name is Jenn Tomasone and I am a second-year doctoral student with Dr. Kathleen Martin Ginis at McMaster University in Hamilton, Ontario. NASPSPA is still months away, but I am already thinking about us coming together in Hawaii! The opportunity

to become your Student Representative for New Orleans 2013 would allow me to be your liaison

with the Executive Committee over the next year.

I will work closely with the previous Student Representatives to carry out their initiatives, and I welcome your suggestions so that the Executive Committee can ensure that our student needs continue to be met. I want to help you foster your endless opportunities for networking and collaboration among our members. I am also interested in starting an initiative for students to learn to mobilize research findings. Knowledge translation for physical activity and sport research is an exciting up-and-coming field, and with all the amazing work that NASPSPA students are

doing, we young professionals would benefit from knowing when and how to translate our research into action. Representing the NASPSPA student members in 2012-2013 would be an honor. Mahalo, and see you in Waikiki!



Kyle Pardis

Kyle Pardis is a second-year PhD candidate in Kinesiology at Western University. Working under the supervision of Dr. Albert Carron, he is researching psychological bases of physical activity and movement control. Kyle completed his Master of

Human Kinetics (MHK) degree in Applied Human Performance at the University of Windsor and completed a master's thesis under the supervision

of Dr. Todd Loughead. He completed his Honors Bachelor of Arts degree in Sport Psychology at Laurentian University and completed an honors thesis under the supervision of Dr. Mark Eys.

His research interests are sport and exercise psychology, with a primary focus on group dynamics constructs and youth sport. Kyle's work has been published in *International Journal of Sport Psychology*, *Sport and Exercise Psychology Review*, and *Journal of Sport Psychology in Action*. Kyle has been a member of NASPSPA since 2007 and has given several presentations at various international conferences, including NASPSPA, SCAPPS, and AASP. He also has

experience serving on conference committees, leading the ECSEPS 2012 conference organizing committee hosted at Western University.

2012 Online Voting for Executive Committee Positions Is Here

We are excited to announce the opening of online voting for NASPSPA Executive Committee positions.

On April 16, you will receive an e-mail from Communication Director Jeff Fairbrother (NASPSPA@tennessee.edu); this e-mail will contain a

link to an online survey instrument that will allow you to cast your votes for each of the open NASPSPA Executive Committee positions. This survey instrument will allow you to vote for the candidate of your choice anonymously. Voting will be open from April 16 (9 a.m. EST) through

April 27 (5 p.m. EST).

Once the Executive Committee has certified the vote, candidates will be notified of the outcome and the results will then be shared with the membership.

Please be sure to vote!

NASPSPA Futures Initiative

Jody L. Jensen, Past-President

At the 2011 annual conference I announced an initiative to review the NASPSPA mission statement and contemplate a change in Society name. Why engage in this process? In the life of any society a plan for strategic review of the past as a prelude to developing future goals is essential to maintaining the vitality and relevance of an organization to its membership. The Futures Initiative was not established as a mandate to change the character of NASPSPA, but rather a desire to assess our connection to contemporary scientific culture and our membership. Here I provide a brief review of the input received to date. We will continue this discussion at the annual business meeting at the 2012 conference

We sought broad representation in asking our questions. We reached out to 54 NASPSPA members who hold the distinction of attending 5 out of past 6 annual conferences. Howie Zelaznik,

President's Liaison to the Executive Committee, invited comment from the past NASPSPA Presidents. Travis Dorsch, the Student Representative, was tasked with obtaining a sampling of NASPSPA students. We constructed a targeted sampling of our international members to ensure representation beyond North America. In all, approximately 150 NASPSPA members were invited to comment. As a reminder, we asked just two questions. What statement would you add to the mission statement to help ensure forward thinking and development of the Society? What 3 words come to mind when you think about a name that represents the current society? Here is a summary of survey responses. Note that what is presented here is a summary, and neither an official report by the Executive Committee, nor a proposal.

Two observations can be made regarding responses to assessment of the mission statement.

First, few people commented on the action statements included in the mission statement. Those action words are develop, disseminate and improve. A recommended addition to these verbs was 'collaborate.' There was some common sentiment that our mission statement does not place sufficient emphasis on collaboration among international and multidisciplinary scholars. The second observation is that most comments about the statement of mission ended up being statements about how well individual terms represented what we study. The need to add, delete, or modify terms descriptive of our fields seemed to revolve around the sentiment that 'sport' and 'physical activity' may appear to limit (by association) our fields of science, thus our relevance to other scholars. Some of the terms offered for representation in the mission statement include research in neurosciences, health promotion, clinical and public health outreach.

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2012 CONFERENCE INFORMATION

NASPSPA 2012: Updates on What You Need to Know and Do

June 7 to 9, 2012

Waikiki Beach Marriott Resort and Spa
Honolulu, Hawaii

Join or Renew Your Membership

Go to www.naspspa.org/join-naspspa to join or renew your membership. You must be an active NASPSPA member to participate in the conference.

Register for the Conference

Go to www.naspspa.org/register-for-the-conference.

Registration Dates

By May 15:	\$350 (professional), \$220 (student)
After May 15:	\$390 (professional), \$280 (student),
On-Site:	\$390 (professional), \$280 (student)

Book Your Hotel Room

Sign in to the NASPSPA website (www.naspspa.org) and then go to the Conference Information page to find a link to book your room. The conference hotel is the Waikiki Beach Marriott Resort and Spa. For those interested in arriving early or staying late, the conference rate is good June 4 through June 12.

Book Your Flight

American Airlines is offering a 5% discount on the lowest published price if you book through AA.com. A discount agreement has been completed and is valid June 3 to 13, 2012, for travel to Honolulu, HI (HNL). Use the promotion code 9262BW. (Book through AA.com; a service fee will be charged if you call American to make your reservation.)

United Airlines is offering 2% to 10% discounts on airfares (depending on booking class). Use Meeting ID/tour code 590MK. Discounts also apply to United codeshare flights operated by Continental Airlines, Continental Express, Lufthansa, and All Nippon Airways.

Prepare for Your Presentation

By now you should have received notification of the acceptance of your abstract and whether or not your paper is scheduled as a verbal or poster presentation. We regret that we could not accommodate all requests for verbal presentations. If unexpected circumstances require you to miss the conference, please withdraw your paper before the conference by contacting Jody L. Jensen at JLJ@mail.utexas.edu.

Verbal Presentations

Carefully check the program for your presentation time. Typically, you have 12 minutes to present and 3 minutes for questions. When you arrive

The conference will start at 8:30 a.m. on Thursday, June 7. Plan your travel accordingly.

at the conference, you will receive instructions about when you will need to load your presentation onto the appropriate computer. It will be well before the immediate session (i.e., night before or before breakfast).

The computers at the conference are PC and loaded with Windows 2007. Bring your presentation on a flash drive. (It is also a good idea to send your presentation to yourself in an email so that it may be retrieved if there is a problem with your physical device).

Please note: **NO** internet connection is available in the meeting rooms. No internet links will be accessible from the meeting rooms. Finally, if you have video in your presentation, be aware that no sound projection system is available.

Poster Specifications

The maximum size for posters is 122 cm x 122 cm (4 ft x 4 ft).

Common printing templates that fit within these dimensions are 91 cm x 122 cm and 100 x 100 cm. Sample templates may be found at

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Conference Information

www.posterpresentations.com/html/free_poster_templates.html.

The poster presentation format offers an opportunity to illustrate your research graphically, using charts, photos, diagrams, and text on a poster board. Convention attendees will circulate among the poster boards; this format affords an opportunity for dialogue about the research. One author must remain by the poster board for the time indicated in the program.

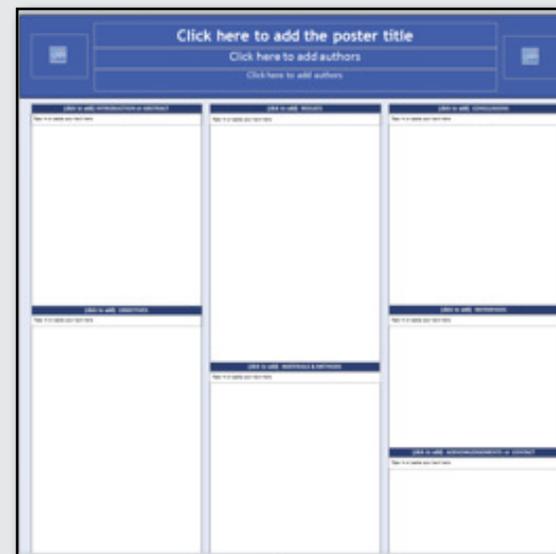
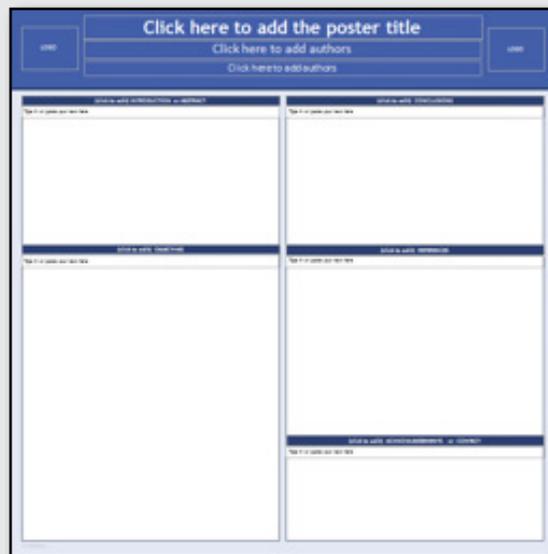
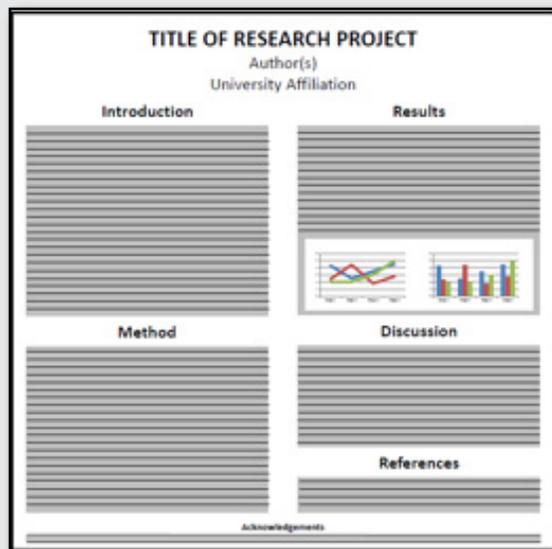
It will be helpful if you bring a 1- to 2-page handout for distribution (include contact information such as your e-mail address).

Consult the conference program to identify the number assigned to your presentation and use the board with the corresponding number. Materials should include title, authors, abstract, introduction or review of literature, method (including participants, measures, procedure), results (visual displays such as graphs and charts are

good), and references (if appropriate).

There are no set requirements for font style or size; however, it is important that you prepare your poster so that it is easily legible from several feet away. The following is an example of a research poster board display. There will be instructions in the program about when you should mount your poster.

Examples:



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President's Message

our society. In this vein, I ask all our regular members to be sure to give a warm welcome to new attendees while in Hawaii and to encourage them to come to our 2013 conference location in New Orleans, June 13-15, at the Hilton Riverside Hotel, just a short walk or trolley ride to the French Quarter. We already have a great group of program chairs lined up for that conference, and I am sure they will put together the distinctive high-quality program that NASPSPA offers year after year.

NASPSPA's continued success relies in some part on the membership being willing to take on key roles within the society, such as Area Program Chairs and review committees, evaluation committee members for awards, and Executive Committee positions. Once again, we are fortunate to have excellent candidates for the Executive Committee positions to be filled. The short biographies of Shannon Ringenbach and Jan Hondzinski for Secretary-Treasurer, Alan Smith and Diane Mack for President-Elect, and Kyle Paradis and Jennifer Tomasone for Student Representative are all available in this newsletter. Online voting for these positions opens with the publication of this newsletter and will last for 10 business days. We strongly encourage you to participate in the membership vote for these candidates.

I am looking forward to seeing you all in great numbers at the Hawaii conference.

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Students' Column

limited number of spots are available for this sought-after event.

Finally, if you are looking to share a room at this year's conference, please get in touch with me via e-mail at dorsch@purdue.edu. I have fielded a few room-share requests already, and I will aim to connect people who would like to share and save in Honolulu. With our high rates of early registration for NASPSPA 2012, accommodations may become limited, so book early. Remember, you can always change a reservation.

I look forward to seeing you all in Honolulu in June!

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NASPSPA Futures Initiative

When asked what words come to mind when thinking of the Society, the following terms made repeat appearances across all 3 lists ('what 3 words...'): physical activity, psychology, behavior, motor behavior, research, sport. The following word variations were represented, though falling behind in frequency compared to the first set of words: movement, human movement, motor, motor learning, motor control, sport psychology, sport science. The good news is that these terms represent the scope of responses, omitting the words that made only a singular appearance in the lists.

This information is provided for your consideration. The point of the process is to facilitate a review of our organizational past and consider our future. From the discussion will come reaffirmation of our mission, or modification to better claim our role in the scientific community. The Executive Committee invites continued comment and dialogue.

NASPSPA Newsletter

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