

Table of Contents

PRESIDENT'S COLUMN

PAST-PRESIDENT'S COLUMN

We are Meeting in Denver Soon!									З
	•	•	•	•	•	•	•	•	~

STUDENT REPRESENTATIVE'S COLUMN

Student Me	ember	· Ac	ctivit	ies	at	the	Cor	lfe	re	nc	ce		
and More.													4

NASPSPA AWARDS

Announce	en	ne	n	t c	of I	Di	st	in	gι	iis	she	ес	18	Scl	hc	bla	ır			
Awards																				5

NASPSPA CONFERENCE

2018 NASPSPA Conference Information:	
Updates on What You Need to Know and Do	6

CANDIDATES

President-Elect, Secretary-Treasurer, and	
Student Representative Candidates	. 7

VOTING

2018 Online Voting for Executive	
Committee Positions	.10

President's Column Countdown to NASPSPA LI

By Steve Bray, NASPSPA President



Happy Spring to Everyone! For many of us (especially the Northerners) the return to warmer temperatures and longer days is a welcome change. Hopefully, for all, news that the 51st Annual Meeting of NASPSPA is right around the cor-

Steve Bray

ner brings feelings of happy anticipation. This year's conference is shaping up to be another very popular and well-attended event! There was an extraordinary number of abstract submissions and the reserved blocks of rooms in the conference hotel were once again snapped up in record time. For anyone who is still in need of accommodations, please see the conference section of the newsletter for direction or email Penny McCullagh at naspspa@hotmail. com for assistance. Thank you to Penny for her tremendous efforts in organizing this year's conference.

Past-President and conference program organizer, Daniela Corbetta, has been working tirelessly for months, as have the Area Program Chairs (Anne Cox, SEP; Jeffrey Haddad, MD; and Jeffrey Fairbrother, ML & C) and their committees, to put together an exceptional program for 2018. Please see the devoted sections of the Winter Newsletter for more information about the

Executive Committee

President

Steve Bray, McMaster University

President-Elect

David Anderson, San Francisco State University

Past-President

Daniela Corbetta, University of Tennessee Knoxville

Past-Presidents' Liaison

Jill Whitall, University of Maryland

Secretary-Treasurer

Leah Robinson, University of Michigan

Communication Director

Sarah Ullrich-French, Washington State University

Student Representative

Taylor Buchanan, University of Florida

Continued from page 1 President's Column

invited speakers and other highlights of this year's program. Our Student Representative, Taylor Buchanan, has also been very busy organizing events for the student members that include a host of activities to enhance engagement with faculty members, the city of Denver, and of course opportunities to get together with fellow student members. Please see Taylor's column for more information about those activities. Thank you so much to our conference program and event organizers for all that you have done and continue to do to ensure a fantastic and memorable conference experience for all.

As you are all aware, the architecture of the NASPSPA website went through a substantial overhaul during the past few months. Although there may have been a few minor issues, I believe the membership registration/renewal and abstract submission processes are working very well. The conference registration features are also fully functional and, if you haven't done so, please be sure to register for the conference in advance of showing up - otherwise you will face the wrath of Penny! We are all greatly indebted to Daniela, Sarah, Leah, and Penny who have invested so much time and worked closely with our web designer, Joel Barnes, to develop an efficient, interactive, system that should serve NASPSPA well for many years to come.

Now is also the time to announce the candidates for the open positions on the NASPSPA Executive Committee for 2018. I am so grateful to the members of the Nomination Committee as well as the Selection Committee for their assistance in the process of identifying and selecting this year's outstanding group of candidates:

President-Elect

Catherine Sabiston, University of Toronto Jean Côté, Queen's University

Secretary-Treasurer

Anne E. Cox, Washington State University Cheryl Stuntz, St. Lawrence University

Student Representative

Christine Pacewicz, Michigan State University Amanda Arnold, Purdue University

Please refer to the later sections of the newsletter for personalized information from each of the candidates. Online voting will be available for 10 days beginning on the date of publication of the Spring Newsletter. Keep an eye out for the email notifications between now and April 25 that will provide a link to the online voting application and be sure to take a few moments to cast your votes in the election. If you experience any problems with voting, please contact either myself: <u>sbray@mcmaster.ca</u> or Sarah Ullrich-French: <u>sullrich@wsu.edu</u>.

It is also my pleasure to inform you that this year the NASPSPA Executive Committee has decided to announce the winners of the Distinguished Scholar and Early Career Distinguished Scholar Awards herein rather than keeping them a secret until the conference. Please see page 5 where the recipients of these prestigious awards are presented. Congratulations to this year's very deserving winners! Of course, we will have a special session at the conference where we will have an opportunity to celebrate this year's awardees. There will also be a special session where the 2017 Early Career Distinguished Scholar Award winners: Dr. Priscila Caçola and Dr. Keith Lohse; will give their presentations.

Please be sure to attend these special sessions to honor our colleagues and celebrate their scholarly achievements.

Please take care and have safe travels. Looking forward to seeing you all in Denver!

PAST-PRESIDENT'S COLUMN We are Meeting in Denver Soon!

By Daniela Corbetta, NASPSPA Past-President



Daniela Corbetta

ant Exercise Psychology), Jeff Haddad (Motor Development), and Jeff Fairbrother (Motor Learning and Control) and their committee members have worked hard to review the abstract submissions in a timely manner. They also identified outstanding keynote speakers and lecturers, which were all announced in our previous January newsletter. The program chairs are now reviewing student awards and diligently working on details of the program so that we can send the second notice about presentation format to those of you who were open to a verbal or poster presentation. I cannot thank enough the program chairs and committee members for their diligent work. The program already looks great!

The decisions for abstract submissions were sent out in early March. We received 407 abstract submissions this year. Among them are many exciting symposia and three unique multidisciplinary symposia. The three area program chairs, Anne Cox (Sport

I know many of you are now preparing to come to Denver. As I write this column, the downtown conference hotel is already booked and our first overflow hotel is nearly booked as well. Penny McCullagh has continued to stay on top of everything that relates to the conference to make this a superb experience for everyone who will be in attendance. What would NASPSPA do without Penny? Downtown Denver has so much to offer. The hotel is in a perfect location near awesome restaurants and venues.

This year is also the first year that NASPSPA accepted abstract submissions and performed abstract reviews via its own site without relying on Human Kinetics. Joel Barnes was hired by NASPSPA early in the fall of 2017 to develop these new functionalities and others into our website (i.e., membership, abstract submission/review, and conference registration). This first year's attempt to process these vital society functions by ourselves has worked amazingly well given that everything had to be built from scratch. If an occasional glitch occurred, Joel was prompt at correcting the issue within moments. Working with Joel on designing these additions to our website has been fantastic. Joel came with much experience with this kind of web design and provided invaluable inputs in implementing and working out solutions tailored to the specific needs of our society.

I will be working on finalizing the program and preparing the book of abstracts in the next month or so in the hopes to have them ready well in time for the conference. I have an informal agreement with Human Kinetics to continue to publish the conference abstracts in a supplement issue of the *Journal of Sport and Exercise Psychology*. I look forward to seeing everyone in Denver.

This is also my last column for the NASPSPA's newsletter as I will be ending my duties on the Executive Committee this summer. Serving on the Executive Committee has been a wonderful experience. I learned a lot about the society, met wonderful NASPSPA members who were hard working and fully dedicated to the advancement of our society. I really appreciate the opportunity given to me to take a leadership role at NASP-SPA for the past 3 years. NASPSPA will remain special to me.

STUDENT REPRESENTATIVE'S COLUMN Student Member Activities at the Conference and More

By Taylor Buchanan, NASPSPA Student Representative

ello, fellow NASPSPA

student members!

Spring is upon us, and

soon we will be in Den-

ver. I am looking forward

to seeing the great work

from NASPSPA students

at the upcoming con-

ference. Please take a

moment to read the infor-

mation below regarding



Taylor Buchanan

important conference events, student awards, and 2018-2019 Student Representative Nominations.

Student-faculty roundtable luncheon, Thursday

June 21st: This event serves as an opportunity for students to meet a diverse group of faculty and ask a variety of questions ranging from the academic interview process to their hobbies. The format of this event will be different from previous years. Each table will focus on a specific topic: funding your research, job search, publishing recommendations, instituting collaborations, and opportunities outside of research. This event is sold out, but you may put your name on a waiting list by contacting me (taylorbuchanan@ufl. edu). If you do register, make sure you show professionalism and attend, since there are a limited number of spots and faculty have taken the time to share their wisdom. **Student Meeting, Friday June 22nd:** The annual student meeting will be held after the poster sessions on Friday (location TBD). This meeting provides NASPSPA student members with pertinent information on student award opportunities, serves as an outlet for students to provide feedback on conference events, and introduces the new student representative. The student social will immediately follow the meeting.

Student Social, Friday June 22nd: Details for the student social are finalized. We will be at the Wynkoop Brewing Co., which is a laidback pub, complete with billiards and shuffleboard, within walking distance from the hotel. Your \$10 ticket provides you with a drink voucher as well as finger foods at the pub. This is an amazing opportunity to meet other student attendees from all over the world and have fun making new friends! Check out the venue in advance here and then sign up when registering for the conference. It should be a great experience!

3MT competition, Friday June22nd: The 3MT competition will be held on Friday. Please make sure to attend and support fellow NASPSPA student members, as they compete to explain their research in a mere 3 minutes! A panel of judges from each area will vote for a final winner who will receive free registration for the 2019 conference.

Scavenger hunt, Thursday June 21st-Friday June 22nd: Upon picking up your registration materials at check-in, please grab a scavenger hunt sheet. The winner will be announced at the Business Meeting and will receive free 2019 conference registration!

Annual Business Meeting, Friday June 22nd:

As a NASPSPA member, it is vital that you attend the annual business meeting on Friday. The meeting allows NASPSPA members to vote on policy/handbook changes, discuss current issues related to the organization, recognize recipients of annual awards, and introduce the new Executive Committee. Lunch at this event is provided as a part of your conference fee.

Informal Events: One of the best parts of being a NASPSPA student member is getting to know other students from around the world. To help with networking within the student membership, other informal student events will be held throughout the conference as well. For updated information on these events, please check out the <u>Facebook page</u> or stop by the student table!

Student Representative Nominees: I am delighted to announce the two nominees for the 2017-2018 Student Representative positions. The two nominees are Christine Pacewicz from Michigan State University and Amanda Arnold from Pur-

Continued from page 4 Student Representative Column

due University. Both are well qualified for this position and have a passion for the NASPSPA organization. Please read their biographies and cast your vote for the individual you think will best represent the NASPSPA student members.

Student Awards: You can still apply for the Graduate Student Awards for International Travel. This \$700 award helps students present their work at conferences outside of North America. The application package includes a short abstract, long abstract, and a letter or recommendation from your advisor. Three competitions are hosted each year, and applications are due by September 30, January 31, or May 31.

Volunteering & Rooming: If you are interested in being actively involved with the NASPSPA conference, please email me at taylorlbuchanan@ ufl.edu. Every year we are looking for student volunteers to help with the student registration table and a few other various NASPSPA events. Volunteering is a great way to get to see the "behind the scenes" operations of the organization and meet faculty and student members alike! Lastly, I am collecting names of students looking for roommates. Rooming with other members helps to alleviate the cost of housing at the conference. If you are looking for a roommate, please don't hesitate to contact me or post it on the Facebook page.

I hope you are able to attend all the NASP-SPA student events. Looking forward to seeing everyone in Denver!

NASPSPA Awards Announcement of Distinguished Scholar Awards

Congratulations to the 2018 Distinguished Scholar and Early Career Distinguished Scholar Recipients.

Distinguished Scholar – Gaby Wulf



Early Career Distinguished Scholar – Jennifer Brunet



2018 NASPSPA Conference Information: Updates on What You Need to Know and Do

Program starts at 8 am on Thursday June 21st and ends with dinner on Saturday June 23rd.

Register for the Conference

Conference fees change as the conference approaches. If you sign up after May 31 we cannot guarantee you tickets for the Awards/Business lunch or the Saturday evening dinner/dance. We must guarantee numbers for these events far in advance.

	Student/Retired	Post Doc	Professional
By May 15	\$220	\$280	\$350
After May 15	\$280	\$320	\$390

Register for the conference <u>here</u>. You must be a member of NASPSPA to attend. Join or renew your membership <u>here</u>.

Go to <u>www.naspspa.com</u> to find further information about the conference.

Badge

Bring back your badge holder and wear your pin if you attended the 50th Anniversary Meeting.

Conference Hotel

The Conference hotel is the Embassy Suites in downtown Denver. The regular conference starts at 8 am on Thursday June 21. The conference hotel is SOLD OUT. There are several other hotel options available (go to our website for more information). **If you cannot get a room please email** <u>naspspa@hotmail.com</u>.

Transportation

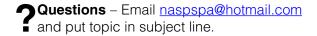
Fly into Denver International Airport (DIA). Go to the Conference Transportation page on our <u>website</u> to find detailed directions on how to get to hotel.

Light rail goes from DIA right downtown!

\$ 9 each way (less for seniors). It is 37 minutes. Buy ticket at booth near rail. It really is the best way to get downtown and fastest!









CANDIDATES

President-Elect, Secretary-Treasurer, and Student Representative Candidates

President-Elect Candidates

Jean Côté is a Professor

at the School of Kinesiol-

ogy and Health Studies

(SKHS) at Queen's University in Canada. He

completed his PhD at

the University of Ottawa

in 1993. He has served

as the Director of SKHS

since 2007 and will con-

clude these administra-



Jean Côté

tive duties in 2019. During his tenure, Jean led the consolidation of new academic programs in Kinesiology and Health Studies, coordinated the transition to a new building, and was instrumental in the hiring of 10 new tenure track faculty members. Jean served as a member of the managing council of the International Society of Sport Psychology from 2005-2009 and was a co-editor of the International Journal of Sport and Exercise Psychology between 2008-2011.

Jean first attended NASPSPA in 1996 and delivered the Human Kinetics Lecture in 2003 in Savannah, Georgia. His research interests are in the areas of youth sport, coaching, and sport expertise. He has supervised 30 master's students, 11 doctoral students, and 9 post-doctoral fellows, many of whom are active members of the NASPSPA community. In 2013, his proficiency in supervision was recognized with the Queen's University Award for Excellence in Graduate Supervision.

Through his supervision, teaching, and research, Jean continues to make a global impact. He has been an invited lecturer or visiting professor at many institutions around the world. He has contributed as a research advisor and through the writing of position papers for various international organizations such as the International Olympic Committee, the American Orthopedic Society for Sports Medicine, the National Basketball Association, and the English Premier League. Since 1999, Jean has received six consecutive grants from the Social Sciences and Humanities Research Council of Canada (SSHRC) to fund his research work. His most recent grant involves the use of observational methods to examine the influence of different types of coachathlete relationships on youth development and employs a knowledge mobilization approach in the design and evaluation of a Transformational Coaching Workshop.

As President-Elect, Jean would like to continue to support the outstanding contributions of its members and further promote NASPSPA internationally as the premier professional organization to disseminate new research in psychology of sport and exercise, motor development, and motor learning and control.



Catherine Sabiston

completed her PhD at the University of British Columbia almost 12 years ago and is a professor of exercise and health psychology at the University of Toronto. She holds a Canada Research Chair in Physical Activity and Mental Health, and has

Catherine Sabiston

been awarded 10 early career awards including the NASPSPA Early Distinguished Career Award. She has over 170 publications and has given over 350 presentations, public talks, and community workshops, and her work regularly appears in the media. Catherine has received over 19 million dollars to conduct her mixed-methods research. which is broadly defined as exploring the relationship between physical activity and mental health among healthy and clinical populations. Catherine's commitment to sport and exercise psychology research and practice is evident in her roles on a number of peer review committees for National and International granting agencies and as an editorial board member for Psychology of Sport and Exercise and Sport, Exercise, Performance Psychology journals. Catherine has been a member of NASPSPA for 15 years and has been involved in 75 NASPSPA presentations during that time. She has supported 23 different graduate students to attend NASPSPA since 2007, and a

Continued from page 7 Candidates

few of these students have received research and international travel awards. Catherine has been a member of the Sport and Exercise Psychology Area Program Committee twice, and served as the organization's Communication Director from 2013-2015. Her commitment to the NASPSPA organization is also demonstrated by her longstanding roles with NASPSPA's official outlet, the *Journal of Sport & Exercise Psychology*, as Digest Contributor, Editorial Board member, and longstanding Associate Editor. And as another form of commitment, Catherine's lab (and welcomed affiliates) tend to be responsible for extending the NASPSPA conference social time by hours, or even day(s).

Secretary-Treasurer Candidates



Anne E. Cox has been an associate professor in the kinesiology program at Washington State University (WSU) since 2013. She was a faculty member at Illinois State University from 2006-2013, received her Ph.D. from Purdue University in 2006 and her

Anne E. Cox

M.Ed. from the University of Virginia in 2000. She has attended and presented at every NASPSPA conference since 2003 in Savannah, GA except for the year her daughter was born (2008). She was awarded a graduate student research grant through NASPSPA, has served on the graduate student awards committee, and is the Sport and Exercise Psychology Program Chair for the 2018 meeting in Denver. As Co-Director of the Psychology of Physical Activity Lab at WSU, she investigates processes that may support more self-determined physical activity motivation. She and her team are currently studying how mindfulness during yoga may support adaptive physical activity motivation and the role that mindfulness plays in affective responses to exercise. She has published in journals including Sport, Exercise, and Performance Psychology, Journal of Sport & Exercise Psychology, Psychology of Sport and Exercise, and Body Image. She is also completing her sixth year as an associate editor for Research Quarterly for Exercise and Sport and is on the editorial board for the Journal of Sport & Exercise Psychology. She has enjoyed getting to know more NASPSPA members through her service as program chair this past year and is excited and honored by the prospect of joining the executive board as Secretary-Treasurer for NASPSPA. As Secretary-Treasurer, she would work to build upon the strong traditions of research guality and integrity as well as maintain strong support for student members.



Cheryl Stuntz

Cheryl Stuntz is an asso-

ciate professor in psychology at St. Lawrence University. In 2005, she received her PhD from the University of Virginia under the mentorship of Maureen Weiss. Since becoming a member in 2002, she has regularly attended NASPSPA,

missing only the 2003 conference! In fact, attending NASPSPA has become the highlight of her annual academic travel schedule. She values the sense of community in the organization, the quality of the research presented, and the prominent inclusion of students in the organization.

Cheryl is a strong believer in volunteering for academic journals and professional organizations. She regularly reviews manuscripts for a broad variety of journals. She has served as an associate editor for the Research Quarterly for Exercise and Sport for six years, and is currently an editorial board member for the Journal of Sport and Exercise Psychology. Even in her university service work as an NCAA faculty athletics representative, Cheryl was elected as a Division III Representative to FARA's Executive Committee. In addition, she is currently a member of an NCAA Task Force to enhance engagement of faculty athletics representatives across Division III institutions. She is also a member of the Sport and Exercise Psychology Program Committee for this year's NASPSPA conference. Essentially, Cheryl believes in the value of contributing to and providing support to the organizations that are meaningful to you. She would be happy to serve NASPSPA as Secretary-Treasurer.

Page 9

Continued from page 8 Candidates

Student Representative Candidates



Christine Pacewicz

psychosocial contributors to athlete burnout, with particular focus on how teammates influence athletes' sporting experiences.

I am honored to be considered for the 2018-2019 NASPSPA Student Representative position, where I can more actively contribute to the organization. I attended my first NASPSPA meeting in Minneapolis in 2014. It was at this meeting where I connected with many students and faculty, including my current advisor. Since that meeting, NASPSPA has afforded me additional opportunities to grow as a professional and a scholar. As the Student Representative, I will strive to continue and extend the work done before me to provide students with opportunities to network and develop as young professionals in the field.

Throughout my academic career, I have held various leadership positions. However, my role as the President of the Kinesiology Graduate Student Organization (KGSO) at Michigan State demonstrates my ability to succeed as the Student Representative. My responsibilities as the KGSO

overseeing the activity of committees, organizing executive board and general meetings, and communicating with faculty and staff. Fulfilling these responsibilities has enhanced my organi-My name is Christine zational and communication skills. skills that will Pacewicz and I am make me an effective student representative. As a doctoral student in President, I am the liaison between faculty and Kinesiology at Michigan graduate students at MSU. If elected, I will hold State University working a similar responsibility within the organization. I with Dr. Alan Smith. My believe my experiences will enable me to work with both student and professional members, current work is within the area of psychosohelping me effectively represent student interests. cial aspects of sport Thank you for considering me as the 2018-2019 NASPSPA Student Representative. I look forward and physical activity. I specifically examine to seeing you all in Denver!



Amanda Arnold

and maintain postural control and in turn how these adaptations impact other areas of development. In particular, my doctoral research centers around the effects that carrying an object has on gait control strategies in new walkers, and how those gait strategies aid in language development.

My name is **Amanda**

Arnold, I am a doctoral

student specializing in

motor development at Purdue University. My

advisor is Dr. Laura

Claxton. My research

focuses on how envi-

ronmental factors and

task constraints affect

infants' ability to adapt

President include setting an annual agenda,

I have had the pleasure of attending three NASPSPA conferences and have found NASP-SPA offers invaluable networking opportunities. It would be an honor to serve as the Student Representative on the NASPSPA Executive Committee and assist in the development of the 2019 conference in Baltimore. If elected, I will continue in the tradition of the outstanding work of previous Student Representatives by continuing to provide students with social and professional opportunities to network with other students and faculty at the conference. I would also like to expand on existing opportunities by organizing a workshop on professional development topics to better prepare students for their future careers.

I have served in several leadership positions throughout my academic career, which have prepared me to be a successful Student Representative. At Purdue, I have served several roles in the department's graduate student organization, including President and Vice-President. Additionally, for the past two years, I have conceptualized and developed a departmental professional development seminar, with the goal to better prepare our graduate student community for entering the workplace. I believe these experiences have prepared me to serve as an effective Student Representative.

It would be a great privilege to represent the student population on the Executive Committee in 2018-2019. Thank you for your consideration. See you all in Denver!

2018 Online Voting for Executive Committee Positions

We are pleased to continue offering online voting for NASPSPA Executive Committee positions. Soon after the publication of this newsletter, you will receive an e-mail from the Communication Director, Sarah Ullrich-French, which will contain a link to an online survey instrument that allows you to cast your votes for each of the open NASPSPA Executive Commit-

tee positions. This survey will allow you to vote for the candidate of your choice anonymously. Voting will be open for 10 business days beginning when the email notification is sent. Once the Executive Committee has certified the vote, candidates will be notified of the outcome, and the results will then be shared with the membership. You can also access the online voting <u>here</u>.



See you in Denver!

NASPSPA Newsletter

Managing Editor: Amy Rose Designer: Sean Roosevelt Communication Director: Sarah Ulrich-French