



Table of Contents

PRESIDENT'S MESSAGE NASPSPA is Intoxicating!
PAST-PRESIDENT'S MESSAGE NASPSPA goes to Baltimore for 2019! 4
NASPSPA JOURNAL AWARDS 6
DISTINGUISHED SCHOLAR AWARD WINNERS 7
NASPSPA 2019 CONFERENCE INFORMATION
STUDENT REPRESENTATIVE'S COLUMN Students Add to the Success of the Conference . 9 2018 Student Awards
THANK YOU TO THE OUTGOING EXECUTIVE COMMITTEE MEMBERS 12
NASPSPA REPORTS AND MINUTES 12

President's Message

NASPSPA is Intoxicating!

By David Anderson, NASPSPA President



David Anderson

ASPSPA is intoxicating, and I mean that in the best possible way. I know where your mind was going, but put aside those unbidden thoughts that inevitably crept into consciousness when you considered what the word "intoxicating" might mean to an Australian.

NASPSPA is intoxicating because it excites and invigorates. The timing of the annual conference definitely helps in that regard. Sandwiched between the end of the academic year and the start of the summer break in the Northern Hemisphere, the conference provides a capstone to the relentless series of tasks, obligations, requests, and due dates that define the academic year, and a keenly anticipated sense of new beginnings as a window of opportunity opens up to slow down (a tad) and think about what you'll tackle next. The conference offers a space to reflect on what you're doing and why you're doing it and a chance to discuss new ideas, be inspired by others' research, contemplate new projects, and forge new collaborations.

As a kid who played every sport under the sun and who loved to read and write, never in my wildest imagination would I have considered that one day I'd be the President of the North

Executive Committee

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Christine Pacewicz, Michigan State University

Continued from page 1

President's Message

American Society for the Psychology of Sport and Physical Activity. I barely knew where North America was in those days. It was a far off place where the Brady Bunch lived and people spoke with funny accents. The journey that life takes us on is nothing if not unpredictable. Thank you for the trust you have put in me to lead the society this year. It is a true honor and privilege to serve the organization that I consider my professional home and that has enabled me to forge long-standing professional collaborations and lifelong friendships.

My first NASPSPA conference was the 1990 conference in Houston. It was the second professional conference I'd ever attended and it left an enduring impression on me. As a Master's student who was researching Ph.D. programs, I was distinctly nervous about who I might meet and I was intimidated by the names on the program. After all, these were the names inked on the stacks of papers I'd voraciously consumed up until that point in time. I was truly amazed that my academic "heroes" were so willing to talk to me at the conference. Not only did they talk to me, but they talked to me as if I were a peer, an equal. I received nothing but encouragement to pursue further study and I left inspired with a clear sense of direction and purpose and a deep sense of connection to the society. The rest is history. NASPSPA continues to embody that same ethos I experienced at my first conference. It is defined by the collegiality and friendship among its members, its lack of hubris and ego, and its dedication toward helping everyone succeed, which is most apparent in the way the professional members strive to support the student members.

My tenure as President-Elect seemed to fly by in record time and I suspect the same will be true for my term as President. Nevertheless, I'm determined to accomplish as much as possible in the year ahead. Much work remains to be done to stabilize our new online platform, clarify our savings and spending plan, and to engage and support the membership throughout the entire academic year. I've been incredibly fortunate to have had the opportunity to observe Steve Bray in his role as President and Daniela Corbetta in her role as Past-President. Steve and Daniela each have a quiet persistence that belies their fierce intellects and their abilities to make things happen. Their successful approaches to decision making and problem solving are approaches that I will definitely strive to emulate. Steve's continued presence on the Executive Committee is a boon for me and a boon for NASPSPA.

I know that Steve will have more to say about our most recent Denver conference in the Past-President's message and so I will not steal his thunder. However, I do want to congratulate Daniela, in collaboration with her program chairs, Jeffrey Haddad, Jeffrey Fairbrother, and Anne Cox, and their committees, for putting together a superb program for the conference. The entire conference, from the keynote speakers to the multidisciplinary symposia to the intellectual buzz that characterized the poster sessions, was a smashing success. The quality of the work on

show this year was especially high. If you missed the conference, give yourself an uppercut, and make it a priority to register early for next year's conference in Baltimore!

I would like to take this opportunity to thank, on behalf of NASPSPA's membership, the wonderful contributions of our outgoing Executive Committee members, Daniela Corbetta, Leah Robinson, and Taylor Buchanan. Daniela leaves an enormous legacy at NASPSPA having successfully shepherded our organization away from its dependence on Human Kinetics for hosting our website and managing our conference abstract submission and membership payment processes. The seamless way in which the transition took place is a testament to the skill with which she managed this process as well as the countless hours of work she put into dealing with one issue after another. Daniela's patience, persistence, and her ability to solve complex problems were the hallmarks of her tenure on the Executive Committee. Steve and I learned countless lessons from her leadership and we will sorely miss her steady hand on the ship's wheel. I would venture that her contributions to NASPSPA will be some of the most enduring of anv President.

Leah also had to manage some complex issues during her tenure as Secretary-Treasurer on the Executive Committee. Again, it is a testament to her skill and hard work that the membership had little idea about what was playing out behind the scenes. Leah is not only an accomplished scholar, a skilled bookkeeper,

Continued from page 2

President's Message

and an adroit problem solver, but she has that rare quality of being able to light up a room with her presence. She definitely injected a sense of fun into our meetings and she too will be missed, particularly her sense of humor and her infectious smile. Last, but definitely not least, Taylor deserves a big thank you for her contributions to the society. As the Student Representative on the Executive Committee, she provided a clear portal of communication between the students and the Executive Committee, she made sure the students' needs and desires were always a central part of the Committee deliberations, she advocated strongly on the students' behalf, and she had the creativity and courage to experiment

with new activities/initiatives at the conference to enhance the student experience. I know the students will miss her as much as we'll miss her on the Executive Committee.

I would also like to extend a warm welcome to the newly elected members of our Executive Committee: Catherine Sabiston (President-Elect), Anne Cox (Secretary-Treasurer), and Christine Pacewicz (Student Representative). Congratulations on your election! I am very much looking forward to working with you this year. Of course, no President's message would be complete without thanking our inimitable conference coordinator, sage, historian, herder of cats, and mother-to-all, Penny McCullagh. Penny has received so many

well-deserved accolades for her contributions to NASPSPA over so many years that it's hard to find something new to say. Let me just say that her contributions to NASPSPA are worth every penny! (Sorry, Penny, I couldn't resist). In all seriousness, I have no idea what our society would do without Penny and the enormous amount of work she does for us. That's all from me. I wish everyone in the Northern Hemisphere a productive fall and everyone in the Southern Hemisphere a productive spring! I hope you're already starting to plan your submissions for the Baltimore conference!



Penny McCullagh at the Business Meeting in Denver



Senior Lecturers Jacqueline Goodway, Daniel Gould, Diane Ste-Marie



3MT Winner Feng-Tzu Chen

PAST-PRESIDENT'S COLUMN

NASPSPA goes to Baltimore for 2019!

By Steve Bray, Past-President NASPSPA



Steve Bray

It's hard to believe Summer is over and we're back at it full-tilt for the 2018-19 academic year. It seems like just yesterday that so many of us were together in Denver and enjoying a beautiful sunset from the ballroom at the Denver Center for the Performing

Arts. The 51st Annual conference was certainly a great success with a host of informative and engaging presentations from the keynotes, senior lectures, distinguished scholars and symposia; not to mention the vast array of high quality research in the verbal and poster sessions including close to 400 presentations! Congratulations and thanks to Daniela Corbetta and the Area Program Chairs for their amazing efforts in putting together a truly memorable conference for those of us who were able to attend.

I know there are big shoes to fill and high expectations to meet and I am thrilled to have the opportunity to chair the Conference Program Committee for the 52nd Annual Meeting in Baltimore, Maryland. I owe these feelings of positive energy to Daniela's incredible work over the past two years to establish a highly functional web platform to look after the abstract submissions and reviews, an amazing group of volunteers

on the Area Program Committees (more about them in a moment), and of course the unparalleled support and guidance of Penny McCullagh.

This is the second time NASPSPA has been to the Baltimore area. In 2002, we were at a remote site and those who were there will recall having to commute into the city to see much more than the hotel and the lovely countryside. This time, we are right downtown in the Inner Harbour area, which has undergone a substantial revitalization process in the past few years. It is a fantastic and vibrant location boasting many attractions, restaurants, and bars within easy walking distance. Downtown Baltimore is also well-connected via public transit and is a convenient hub for afternoon or day trips to numerous attractions such as Washington DC. Please see Penny's sections for some examples of the multiple entertainment opportunities to take advantage of while in Baltimore. Before talking more about the meeting, I want to introduce and extend sincere gratitude to our Area Program Chairs who will be working with their committees to put together a strong scientific program.

The Motor Learning and Control Committee is chaired by **Breanna Studenka** (Utah State University) and her committee members are Shannon Ringenbach (Arizona State University), Atilla Kovacs (University of Wisconsin at La Crosse), Christopher Rhea (University of North Carolina at Greensboro), Jim Lyons (McMaster

University), Jody Jensen (University of Texas at Austin), Jill Whitall (University of Maryland), and Adam King (Texas Christian University).

The Sport and Exercise Psychology Committee is chaired by **Jennifer Brunet** (University of Ottawa) and her committee members are Yu Kai Chang (National Taiwan Sport University, Taiwan), Ben Jackson (University of Western Australia), Anne Cox (Washington State University), Steve Amireault (Purdue University), Nicolas Myers (Michigan State University), Meghan McDonough (University of Calgary), Kathleen Wilson (California State University at Fullerton), Jennifer Heisz (McMaster University), Amanda Wurz (University of Ottawa), and Ralf Brand (University of Potsdam).

The Motor Development Committee is chaired by **Laura Claxton** (Purdue University) and her committee members are Sabrina Thurman (Elon University), Sara Scharoun-Benson (University of Windsor), Melissa Pangelinan (Auburn University), Jianhua (Jerry) Wu (Georgia State University) and Leah Robinson (University of Michigan).

Looking ahead to what's in store for the 2019 conference, promoting interdisciplinary research has been a recurring call from members attending the annual conference and in the post-conference survey feedback for quite some time. Those of us who were able to attend the multidisciplinary symposia in Denver had opportunities to see some great examples of the ways in which our different research areas converge on fundamental questions relating to human movement. This year we want to keep that interest going and encourage submissions for symposia involving cross-cutting research themes. Specifically, the Program Committee wants to encourage

Continued from page 4

Past-President's Column

you to follow up on those between-session or poster-aisle conversations with your colleagues and students and put together a proposal for an interdisciplinary symposium. Of course, all of the independent program areas invite regular symposia submissions as well, so be sure to take the initiative and contact your current

collaborators and other scholars to propose a symposium where the convergence of ideas and evidence has great impact potential.

We are undertaking some minor modifications to the registration and abstract submission processes that should make things run even smoother this year and those will all be in place shortly. Please mark a reminder in your calendar that the submission portal for the 2019 conference will open in mid-December and the deadline will

be January 15. If you have specific questions about the program, including interdisciplinary symposia ideas, or the abstract submission process, please contact <u>Steve Bray</u>. If you have area specific symposia ideas or questions pertaining to particular abstracts, please contact the respective area Program Chairs: Breanna Studenka (Motor Learning and Control), Jennifer Brunet (Sport and Exercise Psychology, or Laura Claxton (Motor Development).

Call for Nominations

Nominations for NASPSPA Early Career Distinguished Scholar Award

The NASPSPA Early Career Distinguished Scholar Award recognizes outstanding achievement of scholars who are still in the early stages of their scientific careers. Current members of NASPSPA who received their doctorate no more than 7 years before nomination are eligible for the award.

Nominations may be made to the president (<u>danders@sfsu.edu</u>) by any NASPSPA member. Deadline for nominations is December 15, 2018. Nomination information is in the NASPSPA Policy Manual (available at <u>www.naspspa.com</u>)

Nominations for NASPSPA Distinguished Scholar Award

The NASPSPA Distinguished Scholar Award recognizes outstanding long-term contributions in the research areas represented by NASPSPA senior scholars, normally at least 25 years beyond the doctorate, who have a distinguished record of scholarship are eligible for the award. Con-fidential nominations should be made to the president (<u>danders@sfsu.edu</u>) by December 15, 2018. Any current NASPSPA member may nominate appropriate candidates. Nomination information for all awards is in the NASPSPA Policy Manual (available at www.naspspa.com)

Nominations for President-Elect, Communications Director, and Student Representative

Any NASPSPA member may nominate candidates for our open Executive Committee positions. We presently seek a slate of candidates for President-Elect, Communications Director, and Student Representative. Nominations of colleagues or self-nominations for Executive Committee positions are welcomed at any time and should be sent to the President (danders@sfsu.edu). Nominations received by December 1, 2018 will receive full consideration by the Nominations Committee for the current openings. A slate of two candidates for each position will be forwarded for online voting in Spring 2019.

NASPSPA Journal Awards

Human Kinetics has continued with annual awards offered to top research papers and reviewers for the official NASPSPA research outlets of Journal of Sport & Exercise Psychology (JSEP) and the Journal of Motor Learning and Development (JMLD). At the 2018 Business Meeting in Denver, the winners of these awards were recognized.

Excellence in Reviewing Awards

JMLD: An De Meester



JSEP: Thomas Curran



The 2018 recipients of the JMLD and JSEP Excellence in Reviewing Awards

Excellence in Research Awards

JMLD: Louisa Raisbeck Co-Authors: Jed Diekfuss JSEP: Anthony Delli Paoli

Co-Authors: Alan Smith, Matthew Pontifex



The 2018 recipients of the JMLD and JSEP Excellence in Research Awards

Distinguished Scholar Award Winners

Early Career Distinguished Scholar Winner Jennifer Brunet



Jennifer Brunet

Jennifer is an internationally-recognized leader in the field of physical activity and cancer research. She has extensive knowledge of theories and empirical data, as well as expertise in different study designs (reviews, observational, and

experimental), research methods (quantitative and qualitative), and skills for analyzing and interpreting data (advanced statistics and indepth qualitative analyses). As evidence of her success, she has published over 73 publications (30 as an independent researcher) as well as four co-authored book chapters, and has given over 200 presentations. Her funding spans 21 grants totaling over \$3,400,000. She has received nine prestigious provincial, national, and international awards/prizes. Furthermore, her investment in capacity building to increase scientific knowledge and skill is evidenced by directly supervising, training, and mentoring 43 trainees, teaching undergraduate/graduate courses, and exchanging with trainees within the multidisciplinary Psycho-Oncology Study and Research Laboratory she co-created.

Distinguished Scholar Award Winner Gaby Wulf



Gaby Wulf

Gaby has been an active NASPSPA member for 30 years. Since 1987, she has co-authored over 90 verbal or poster presentations at NASPSPA conferences. Gaby was the 2014 Motor Learning and Control Senior Lecturer. She served as NASPSPA's Secretary-

Treasurer from 2002-2004 and as President from 2013-2016. Gaby is one of the world's leading scientists in the area of motor skill learning. Currently, her work has over 17,000 citations. Since obtaining her Ph.D. in 1986, Gaby has consistently made substantial theoretical contributions to the field. One important early line of research was initiated during her post-doctoral studies at UCLA where Gaby examined the effectiveness of feedback for learning. Another influential line of inquiry has been the study of learner-controlled (self-controlled) practice. Perhaps Gaby's most significant influence on the field of motor learning to date has been her work on performers' focus of attention. She initiated this line of research 20 years ago with a study showing that an external focus of attention (i.e., a focus on the movement effect) is more effective for learning than an

internal focus. Gaby has published over 200 peer-reviewed articles or book chapters and two books. In addition, she is a co-author (with Tim Lee, Carolee Winstein, Howie Zelaznik) on the 6th edition of the textbook originally written by Dick Schmidt, Motor Control and Learning (Human Kinetics). Gaby has given about 230 presentations, 100 of which were invited. She was editor-in-chief of Frontiers in Movement Science and Sport Psychology from 2010-2012, and of the official NASPSPA journal, Journal of Motor Learning and Development, from 2012-2015. In 2011, Gaby received UNLV's Barrick Distinguished Scholar Award and was UNLV's only nominee for the prestigious 2017 Nevada Regents' Researcher Award. In 2017, Gaby was elected Fellow of the National Academy of Kinesiology.

NASPSPA 2019 Conference Information

Hyatt Regency Baltimore Inner Harbor Thursday, June 6 – Saturday, June 8, 2019

Please visit the <u>website</u>, to check out the hotel. Hotel prices are \$185 for single and double, \$195 for triple and \$205 for a quad.

The hotel <u>registration website</u> is open. It is highly recommended that you make reservations as soon as possible. Rooms usually sell out. There is no penalty for changes or cancellations with more than 48 hours notice. Enter the dates and under "Special Rates" enter the Corporate or Group Code "G-PASN".

If you fly into Baltimore you can take the <u>light</u> rail directly from the airport (Concourse E) to the Camden Yards station, which is about two blocks from the hotel. Cost is \$1.80 for adults under 65 (reduced fees available for 65 and over). It takes about 25 minutes and runs every 15 to 20 minutes. Reagan airport and Dulles are much further and would require you to rent a car or take a shuttle. More detailed information will be provided in the upcoming newsletters.

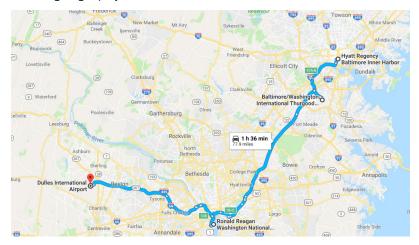
Registration will open in early December. Don't forget to renew your NASPSPA membership!

Saturday night dinner will be at the Maryland Science Center.





A little geography lesson.





STUDENT REPRESENTATIVE'S COLUMN

Students Add to the Success of the Conference

By Christine Pacewicz, NASPSPA Student Representative



Christine Pacewicz

Greetings NASPSPA student members! I hope you enjoyed the rest of your summer and have transitioned smoothly into the fall semester. I want to thank all student presenters at the 2018 conference. Your verbal and poster presentations significantly contributed

to the success of the conference.

At this time, I want to also acknowledge the student members who were recognized for their hard work in Denver. Congratulations to Seungmin Lee (Sport and Exercise Psychology), I-Chieh Lee (Motor Learning Control), and Jerraco Johnson (Motor Development) for their Outstanding Student Paper Awards: to Kara Palmer, Chanel LaJocono, Loraine Favoretto, and Scott Graupensperger for receiving Graduate Student Research Grants; and to Kendra Todd, Madison Vani, and Anika Gentile for receiving International Travel Grants. I would also like to acknowledge and thank last year's Student Representative, Taylor Buchanan, for planning the student activities at the 2018 conference. Her commitment to providing student members with opportunities to network and develop as young professionals was evident by her exceptional work in Denver. Along with organizing the student-faculty roundtable luncheon, student meeting, and student social, Taylor initiated the 3MT competition for students to compete to explain their research in three minutes and organized a scavenger hunt. Thank you Taylor for your hard work and dedication to the NASPSPA student members!

NASPSPA is dedicated to enhancing the student member experience, providing several award opportunities that are both financially and personally rewarding. Below is a brief summary of these awards. Further details can be found on the NASPSPA website. Though it is only October, start planning now as it is never too early to think about applying for these awards!

- 1. Do you have research that is original, innovative, important, and significant to the field? Up to three Outstanding Student Paper Awards are available, one for each NASPSPA research area (i.e., motor development, motor learning/control, sport/exercise psychology). Application portions for this award are due two weeks after abstract submissions (i.e., late January) and include submission of a short abstract, a five-page abstract, and a letter of recommendation from the student's advisor. Applications should be submitted to the Area Program Chairs. Recipients of this award will receive a \$200 prize and have their conference registration fee waived.
- 2. Have a research project that is in need of funding? The Graduate Student Research Grant provides up to \$2,000 that can be used toward research costs such as equipment, travel for data collection, and participant recruitment. Applications should include a five-page outline of the proposed study, verification of ethics approval, an estimated budget, a two-page CV, and a letter of support and approval of the budget from your advisor. All materials should be sent to the NASPSPA President by April 1, 2019 for consideration. Applicants will be notified of the results no later than June 1. 2019.
- 3. Do you want to present at a conference outside North America, but are not sure if it is in your budget? The NASPSPA Graduate Student Award for International Conference Travel may be your solution! You may apply for this \$700 award by September 30, January 31, and May 31. Applicants must submit a short abstract, a five-page abstract, a letter of information regarding the conference location and research significance, and a letter of recommendation from your advisor to the NASPSPA President.

Continued from page 9

Student Representative's Column

Please save the dates for the 2019 conference in Baltimore, Maryland. The conference will occur from June 6-8. I look forward to organizing opportunities to provide students with academic, professional, and social experiences as well as

getting to know all of you better. As planning for student activities is currently underway, please do not hesitate to contact me (pacewicz@msu.edu) if you have suggestions on how to enhance the experience of students. If you are interested in holding a larger role in NASPSPA, consider applying for the Student Representative position.

The student representative is responsible for organizing student events at the annual conference and is the liaison between student members and the Executive Committee. Applications are due by February 1, 2019. If interested, please contact me.

I look forward to seeing you all in Baltimore!

2018 Student Awards

Information on Student Awards can be found in Section IV Awards in the NASPSPA Policy Manual (available at www.naspspa.com). Awards are available for outstanding student papers, research grants, and international travel.

2018 NASPSPA Outstanding Student Paper Award

The 2018 NASPSPA Outstanding Student Paper Award winners were Seungmin Lee (Michigan State University) for Sport and Exercise Psychology, I-Chieh Lee (University of Georgia) for Motor Learning and Control, Jerraco Johnson (Auburn University) for Motor Development.





The 2018 recipients of the Outstanding Student Paper Awards

2018 NASPSPA Graduate Student Research Grants

The 2018 NASPSPA Graduate Student Research Grants were awarded to Kara Palmer (University of Michigan), Chanel LaJocono (University of North Carolina at Greensboro), Loriane Favoretto (Auburn University), and Scott Graupensperger (Pennsylvania State University).



The 2018 recipients of the Graduate Student Research Grants (not pictured Scott Graupensperger)

www.naspspa.com Page 11

2018 NASPSPA Graduate Student Award for International Travel

Kendra Todd (University of British Columbia), Madison Vani (University of Toronto), and Anika Gentile (University of Toronto) were awarded NASPSPA Graduate Student Awards for International Conference Travel.







"Attending ISCoS in Dublin, Ireland provided me with an incredibly valuable experience to meet and network with international colleagues that I had not been exposed to previously. Having support from NASPSPA gave me the opportunity to discuss research and clinical practice with these professionals, which has fostered future collaborations."

Kendra Todd

Thank you to the outgoing Executive Committee Members

A heart-felt thank you is extended to all Executive Committee members who have completed their terms in 2018. Dr. Daniela Corbetta (Past-President), Dr. Leah Robinson (Secretary-Treasurer), Taylor Buchanan (Student Representative).







NASPSPA Reports and Minutes

Executive Committee Meeting Minutes

The NASPSPA 2018 Business Meeting and Spring Executive Committee Meeting Minutes can also be accessed via the NASPSPA website (https://www.naspspa.com/minutes-reports/), under: 2018 Business Meeting Minutes. Official Spring minutes will not be posted until approved during the Fall Executive Committee Meeting.

Financial Report and Membership Report

The NASPSPA 2018 <u>Financial Report</u> and <u>Membership Report</u> can be accessed via the NASPSPA website (<u>https://www.naspspa.com/minutes-reports/</u>).

NASPSPA Newsletter

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