

Table of Contents

PRESIDENT'S MESSAGE

Professionalism at NASPSPA 1

PAST-PRESIDENT'S MESSAGE

2019 Conference Speakers Announced 4

CONFERENCE INFORMATION

2019 NASPSPA Conference in Baltimore, MD 5

2019 LECTURERS AND SPEAKERS 7

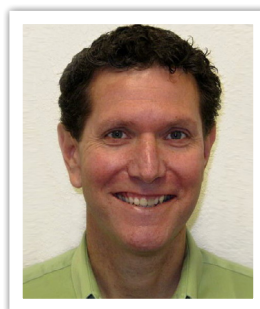
STUDENT REPRESENTATIVE'S COLUMN

Students Apply for Awards and Prepare for the Conference. 10

PRESIDENT'S MESSAGE

Professionalism at NASPSPA

By David Anderson, NASPSPA President



David Anderson

Welcome to another New Year! I hope that it has started off exceptionally well for all of you following a restful holiday break. That said, I'm sure many of you experienced heart rate acceleration recently as you rushed to meet the January 16 deadline for

abstract submission for our upcoming conference in Baltimore! Hopefully, you are in a peaceful state as you read this winter edition of our newsletter.

The Executive Committee (EC) had a productive fall meeting in Toronto that was timed to coincide with SCAPPS' annual conference. SCAPPS welcomed us with open arms. They assisted with our accommodations, provided meeting space for us, and invited us to their opening reception. Some of us stayed on and participated in the conference over the next couple of days. It was a great opportunity to catch up again with our Canadian colleagues, many of whom are also long-time members of NASPSPA, and to reaffirm the close connections between NASPSPA and SCAPPS.

Many items were discussed at the EC meeting, but one of the most important issues concerned professionalism. We addressed not only how we expect members of NASPSPA to behave at

Executive Committee

President

*David Anderson,
San Francisco State University*

President-Elect

*Catherine Sabiston,
University of Toronto*

Past-President

*Steve Bray
McMaster University*

Past-Presidents' Liaison

Jill Whittall, University of Maryland Baltimore

Secretary-Treasurer

Anne Cox, Washington State University

Communication Director

*Sarah Ullrich-French,
Washington State University*

Student Representative

Christine Pacewicz, Michigan State University

[Continued from page 1](#)

President's Message

the conference but how we expect any faculty member or student to behave in a professional setting. At the forefront of our discussion was harassment, particularly sexual harassment. Unless you've been living in a cave for the last couple of years, you must realize that we're in the midst of a revolution; a revolution that is reshaping expectations for professional and personal conduct. The #MeToo movement, spearheaded by a group of courageous and resilient women, has profound implications for how we should engage with each other and how we will engage with each other in the future. The movement is forcing universities, funding agencies, and professional organizations to examine their current policies and procedures concerning sexual harassment and to update those policies and procedures or create new ones where needed.

The American Sociological Association (ASA) has been doing more than any other professional academic organization to address the issue of sexual harassment. Their efforts were spurred by very public claims against Distinguished Professor of Sociology and Gender Studies, [Michael Kimmel](#), a man dubbed as the world's most prominent male feminist for the considerable work he has done to challenge sexism and highlight the cultural peril associated with toxic masculinity. Ironically, a number of former graduate students came forward with allegations of harassment and exploitation shortly after the ASA announced that Professor Kimmel would receive one of its most prestigious awards for advancing women's rights. A recent INSIDE

Higher Ed post provides more details on the [story](#). The ASA quickly assembled a Working Group on Harassment that wrote a series of articles for one of the organization's publications, organized workshops at their 2018 Annual meeting, and wrote an Anti-Harassment Policy that was integrated into the 2018 meeting registration process with a stipulation that all meeting attendees had to agree to follow the policy. More information about the ASA's anti-harassment resources can be found at this [link](#).

Funding agencies have also highlighted their recent efforts to address harassment. For example, earlier this year the National Institutes of Health (NIH) publicized their anti-harassment policy [update](#) following news that a NIH-supported PI was banned from his university campus pending the outcome of an investigation into allegations of sexual misconduct. The policy update made reference to a 2016 JAMA article that showed "nearly one-third of women investigators on K08 and K23 career development awards reported experiencing sexist remarks or behavior, subtle bribery to engage in sexual behavior, unwanted or coercive advances, or threats" and a National Academies study showing that one-fifth of women undergraduate and graduate students reported being harassed. These statistics are appalling, but sadly they come as no surprise to our female colleagues in the Academy. The [NIH](#) and the [National Science Foundation](#) (NSF) have drafted clear policies on harassment and noted emphatically that they will not tolerate harassment at their grantee institutions. The NIH also note

that "Consistent with Federal civil rights laws, organizers of NIH-supported conferences and scientific meetings are expected to maintain a safe and respectful environment for all attendees free from discrimination and harassment, sexual or otherwise."

Taking a lead from the ASA, as well as other [scholars](#) who have advocated that professional organizations should develop a code of conduct for their members and their conferences, the EC is drafting a harassment policy. We have assembled a number of resources upon which we can draw but would welcome any input from the membership. We hope to have the policy ready for discussion at our pre-conference meeting in Baltimore. In the meantime, if we are going to ensure a climate that promotes the respect, courtesy, and dignity that all of our members deserve, we must all be willing to take a stand when we witness any form of harassment, regardless of how harmless that harassment might appear at the time. We all must have the courage to speak up or intervene when we witness actions or language that could be construed as offensive, intimidating, or harassing. We owe it to each other.

Shifting gears somewhat, though at the risk of being remembered as the "soap box" President after publication of this newsletter, I would like to raise one other issue connected to professionalism. That issue concerns members who fail to present their work at the conference after their abstract has been accepted by the program committees. This issue is discussed routinely

[Continued from page 2](#)

President's Message

at the EC meetings. I want to remind everyone that we have a clear policy on “no-shows” that applies to verbal and poster presentations. If you are unable to present your work due to unforeseen and unavoidable circumstances, you must withdraw your paper from the conference or find a co-author to present the paper for you.

No-shows are a serious problem. The program committees work extremely hard to vet all of the abstract submissions and put a quality program together. A no-show takes a spot in the conference program that could have been offered to someone else. This is as true for poster presentations as it is for verbal presentations as NASPSPA does not distinguish between the two. Poster presenters should also make sure they are standing at their posters at their appointed time. I am the worst person to sermonize about this particular requirement because I've had an occasion or two when an interesting conversation (usually with the added distraction of a cold drink in hand) kept me at a distance from my poster. However, we all must accept the responsibility that comes with having our papers accepted for presentation. The NASPSPA policy manual clearly specifies that the potential penalty for not presenting one's accepted work at the conference is a ban from presenting at future conferences of up to 2 years. Regrettably, the EC has had to

apply that ban on a number of occasions. I know that I am preaching to the converted, but I urge you to spread the word about the importance of fulfilling one's commitment to present one's work to colleagues who are less likely to read the newsletter or visit the NASPSPA website. Thank you!

I will not go into detail about the other issues that were discussed at the EC meeting in Toronto. Suffice to say, we paid close attention to the feedback we received about the Denver conference. Thank you to everyone who completed the post-conference survey. Your comments are extremely valuable and we are doing our best to address as many of your concerns as we can.

Turning now to the future, I am very happy to report that Steve and the program chairs have organized an exciting set of speakers for the conference and the program committees are now starting to review the abstracts that were submitted. Steve will provide updates on the review process and the conference in his column, however, I feel compelled to point out that this year's conference looks like it is going to be another stimulating one!

I would like to thank the members who took time and initiative to put forth nominations for the Distinguished Scholar and Early Career Distinguished Scholar Awards and to thank those

who nominated members to serve on the EC in the upcoming vacancies for President-Elect and Communication Director. Student-Representative nominations should be sent to Christine Pacewicz at pacewicz@msu.edu by February 1, 2019. Elections for all of the open offices will take place in the Spring.

Finally, a reminder that funds are available for numerous awards with application deadlines looming in the coming weeks. The Graduate Student Awards for International Conference travel are valued at \$700 and applications for the next round must be submitted by January 31, 2019. The Graduate Student Research Grants are valued at up to \$2,000 and applications must be submitted by April 1, 2019. To be eligible for these awards, students must be members in good standing, with dues for 2019 paid in full. Applications for these awards should be emailed to me at danders@sfsu.edu. Applications for the Outstanding Student Paper Awards should be submitted by January 29th, 2019 to the Area Program Chairs.

That's it for me! Have a wonderful semester. You'll hear from me again in the Spring newsletter before we see each other in Baltimore!

PAST-PRESIDENT'S COLUMN

2019 Conference Speakers Announced

By Steve Bray, Past-President NASPSPA



Steve Bray

Greetings everyone and thanks to all of you who submitted your excellent research abstracts and symposia for the 2019 Conference. Our Area Program Chairs (Laura Claxton, Breanna Studenka and Jennifer Brunet) and their committees will now embark

on the process of reviewing the abstracts and constructing the conference program. It goes without saying there is a lot to do and I want to extend a sincere THANK YOU to everyone on the SEP, MLC, and MD Program Committees for their dedication and service to NASPSPA.

Of course the big job is just beginning, but there has certainly been a lot going on over the past few months in terms of getting some of the major features of the conference program organized. We have three amazing Keynote speakers lined up. Dr. Amy Bastian from Kennedy Krieger Institute, Johns Hopkins University will give the Keynote for Motor Learning and Control. The Motor Development Keynote will be given by Dr.

Jana Iverson from the University of Pittsburgh and the Sport and Exercise Psychology Keynote will be given by Dr. Brooke Feeney from Carnegie Mellon University. We are also honored to have three excellent speakers for the Senior Lectures at this year's conference: Dr. Diane Gill (SEP), Dr. Richard Van Emmerik (MLC), and Dr. Nadja Schott (MD).

I am also pleased to announce that the 2019 Human Kinetics Lecture will be given by Dr. Sian Beilock. Many of us are very familiar with Dr. Beilock and her research as she has been a member of the NASPSPA family for several years and was the recipient of the Early Career Distinguished Scholar Award in 2008. Dr. Beilock served as a faculty member and senior administrator at the University of Chicago and was appointed President of Barnard College in New York in 2017. I am really excited about this year's incredible major speaker line-up. Please see the photos and announcements on Page 7-9 for more information about each of our major speakers.

The 2018 Early Career Distinguished Scholar, Dr. Jennifer Brunet, will also be giving her presentation in Baltimore. A brief biographical sketch

was published in last Fall's newsletter and can be found on the NASPSPA website, so please check that out and be sure to attend Jennifer's presentation.

I can confidently say that all indicators are "on" to show the 2019 NASPSPA Conference in Baltimore will be sure to meet everyone's high expectations for a vibrant and informative exchange of knowledge and ideas. We also have a great location with many attractions for fun and entertainment outside of conference activities. Be sure to check out the exceptional venue at the Hyatt Regency Baltimore Inner Harbor and remember to book your accommodations early.

Before signing off, I want to extend my gratitude to our past Past-President, Daniela Corbetta who, last year, implemented our custom-designed abstract submission and management system and to Joel Barnes from Barnzilla for his innovation and continuing support of the NASPSPA web platform. Their hard work and dedication has made the Past-President's and Program Chairs' jobs a great deal easier. Have a wonderful Winter season everyone!

CONFERENCE INFORMATION

2019 NASPSPA Conference in Baltimore, MD

The conference hotel is the Hyatt Regency Baltimore Inner Harbor (300 Light Street)

Hotel – Book early – be sure to get a room – we have sold out the last 4 years by February

Please visit the website, to check out the hotel. Hotel prices are \$185 for single and double, \$195 for triple and \$205 for a quad. The hotel registration website is open. It is highly recommended that you make reservations as soon as possible. Rooms usually sell out. Your credit card will be used to hold the room but you will not be charged until you arrive. You can cancel with no penalties until 72 hours in advance of your stay.

Click [here](#) to take you directly to hotel booking site:

If you need additional assistance, please contact us at 877-803-7534 or click [here](#) to find contact information by Region.

If the group rate is no longer available, prevailing rates may be offered for some or all of your dates.

Only Book Directly with the Hotel - Some companies are inaccurately representing themselves as a “housing vendor” and contacting individuals to solicit business. Specifically, they will offer to make hotel reservations within the NASPSPA block on your behalf, or even offer you a discount

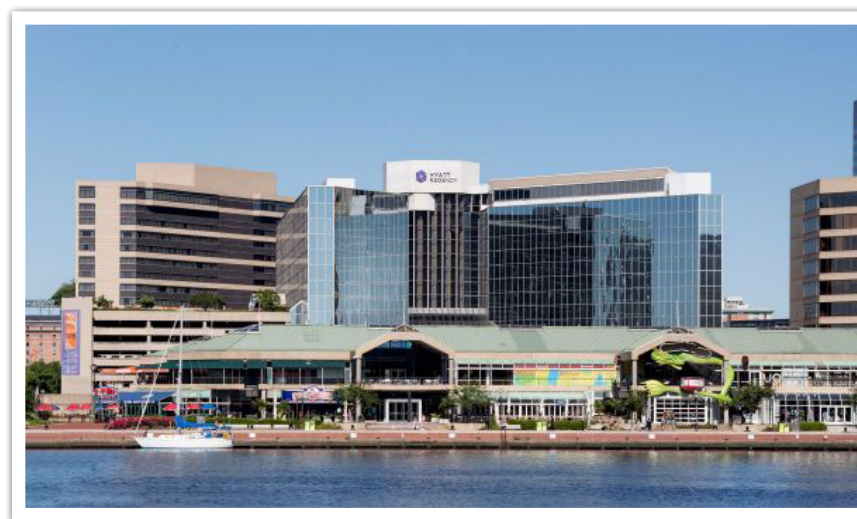
from the NASPSPA rate. NASPSPA is not utilizing a housing service for our annual meeting. Reservations for the annual meeting should be made directly with the hotel, either by phone or via their online reservation system using the links provided. If you provide your credit card information to an unauthorized vendor, your card may be charged but you may not have a reservation when you arrive. THIS IS A SCAM!

Some traditional pirate company offenders are: (DO NOT USE): • Convention Housing Authority • Corporate Booking Services (CBS Inc.) • Event Travel Planners • Exhibitors Housing Management • Exhibitors Housing Services • Expo Housing Services • Global Expo • Global Housing Services Corporation • Global Travel Partners • National Travel Associates

Registration is open!

NASPSPA Attendees:

As you register for the conference please carefully think over what events you will attend. We have to guarantee the hotel and off site venues far in advance of how many people will attend events such as the reception, the awards luncheon, the



dinner and any student events. We have to pay for all those we guarantee and sometimes we buy lunches or dinners for people who do not attend. We appreciate your attention to these selections.

Transportation

If you fly into Baltimore, you can take the light rail directly from the airport (Concourse E) to the Camden Yards station, which is about two blocks from the hotel. Cost is \$1.80 for adults under 65 (reduced fees available for 65 and over). It takes about 25 minutes and runs every 15 to 20 minutes. Reagan airport and Dulles in Washington are much further and would require you to rent a car or take a shuttle. Check on the internet for more options and details.

Continued from page 5

Conference Information

Some things to do in Baltimore



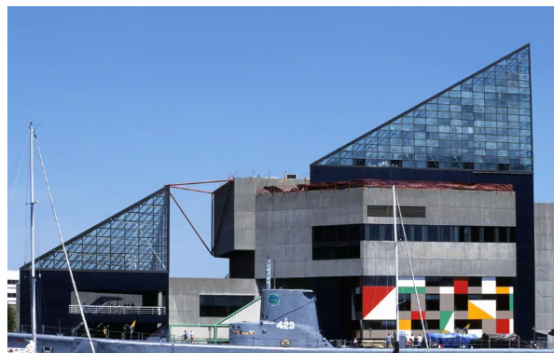
Federal Hill Park



Baltimore Inner Harbor Cruises



Historic Ships in Baltimore's Inner Harbor



National Aquarium, Baltimore



World Trade Center: Top of the World



American Visionary Art Museum

2019 Lecturers and Speakers

Human Kinetics Lecturer

How to Perform Your Best Under Pressure



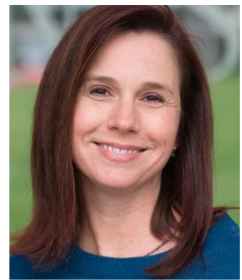
Sian Leah Beilock

Sian Leah Beilock is the 8th President of Barnard College. Before beginning her tenure at Barnard in July 2017, Beilock spent twelve years at the University of Chicago. There, she served on the faculty as the Stella M. Rowley Professor of Psychology and a member of the Committee on Education. Additionally, she was a member of the senior leadership, serving as the Executive Vice Provost and an Officer of the University.

Her work as a cognitive scientist has revolved around performance anxiety. She has explored the brain and body factors that influence learning and performance, including how simple psychological strategies can be used to ensure success in everything from public speaking to athletics. In 2010, she wrote the critically acclaimed book *Choke: What the Secrets of the Brain Reveal about Getting It Right When You Have To*, and in 2015, *How the Body Knows Its Mind: The Surprising Power of the Physical Environment to Influence How You Think and Feel*. For her groundbreaking work on human performance, she won the 2017 Troland Award from the National Academy of Sciences.

Keynote Speakers

Motor Learning and Control Keynote Speaker



Amy Jo Bastian

Amy Jo Bastian is a Professor of Neuroscience and director of the Motion Analysis Laboratory at Johns Hopkins University. In 2015 Bastian was appointed Chief Science Officer at the Kennedy Krieger Institute. She received her B.S. in Physical Therapy

at the University of Oklahoma in 1990 and her PhD at Washington University in 1995 under Dr W. Thomas Thach.

Dr. Bastian's research uses computerized movement tracking techniques, non-invasive brain stimulation, novel devices and robotics to control walking and reaching movements. She studies how people with and without neurological damage control movement and learn new patterns. Some of her recent accomplishments include a series of papers on learning new walking patterns using a novel 'split-belt' treadmill published in the *Journal of Neuroscience*, *Brain*, and *Nature Neuroscience*. She has coauthored over 100 scientific papers and numerous book chapters and served as chair of the Musculoskeletal Rehabilitation Study Section at the National Institutes of Health (NIH). Dr. Bastian has given many named lectures, including a special lecture at the Society for Neuroscience meeting in 2014. She is currently the primary investigator on two R01 grants from

the NIH, one of which recently received a prestigious Javits award from the National Institute of Neurological Disorders and Stroke (NINDS). Dr. Bastian's work on stroke rehabilitation has been featured in *USA Today*, *The Wall Street Journal*, and *NPR*.

Motor Development Keynote Speaker

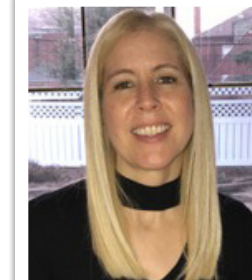


Jana M. Iverson

Jana M. Iverson, PhD is Professor of Psychology, Linguistics, and Communication Sciences and Disorders at the University of Pittsburgh. Her research, funded by NICHD, NIDCD, and Autism Speaks, focuses primarily on the interface between

the development of early motor skills and the emergence of communication and language in typical development and in children with or at risk for developmental disorders. Dr. Iverson has published a co-edited book and more than 80 articles and book chapters. She is on the editorial boards of the *Journal of Child Language*, *Language Learning and Development*, and *Infancy*. Since 1991, she has served as an international investigator at the CNR in Rome, Italy. Dr. Iverson was awarded the University of Pittsburgh's Chancellor's Distinguished Research Award in 2007 and the Chancellor's Distinguished Teaching Award in 2018.

Sport and Exercise Psychology Keynote Speaker



Brooke Feeney

Brooke Feeney is a Professor of Psychology at Carnegie Mellon University. Her research focuses on understanding how social relationships (and social interactions) can help or hinder human thriving. Her work has addressed a number of questions

regarding the important role of relationships in promoting or hindering optimal well-being. In particular, she has focused on understanding social support processes in close relationships and the mechanisms through which social support contributes to health and well-being. Her approach considers the characteristics, behaviors, motivations, and perceptions of interaction partners, and considers social interactions in both adverse and non-adverse life circumstances. She has conducted and published a number of studies of social behaviors that predict important outcomes such as physical health, psychological health, personal growth, and goal pursuit and accomplishment in samples of adults across the lifespan. Her research has been funded by grants from the National Institutes of Health and the National Science Foundation.

Senior Lecturers

The purpose of our Senior Lecturer series is to hear about the research efforts of some of our distinguished members who have presented at NASPSPA over the years. Regardless of program area, these talks will appeal to all NASPSPA members.



Diane L. Gill

Diane L. Gill, Ph.D., is a Professor in the Department of Kinesiology at the University of North Carolina at Greensboro. She received her M.S. and Ph.D. degrees from the University of Illinois, and her B.S.Ed. from the SUNY at Cortland. She held faculty positions

at the University of Waterloo and the University of Iowa before moving to UNCG where she has served as Associate Dean of the School, Head of the Department, and held the Linda Arnold Carlisle Distinguished Excellence Professorship from 2010-2014. She is former editor of the *Journal of Sport and Exercise Psychology*, *Quest*, and *Women in Sport and Physical Activity*. She is former President of APA Division 47 (Exercise and Sport Psychology), and the Research Consortium of AAHPERD (now SHAPE), as well as of NASPSPA. Her research focuses on social psychology and physical activity, with emphases on physical activity and psychological well-being, as well as gender and culture. Her scholarly publications include the text, *Psychological Dynamics of Sport and Exercise* (4th ed. 2017), several book chapters, and over 100 refereed journal articles. Through her 40-year career her primary teaching has been in sport and exercise

psychology. Most recently she has shifted her teaching and advising role to UNCG's online, professional EdD in Kinesiology program.



Nadja Schott

and motor performance in both healthy and impaired children (DCD, Down Syndrome) and older adults (Dementia, Parkinson's Disease). In particular, she focuses on 1) behavioral and neural correlates of cognitive-motor interference in fine- and gross motor control tasks, and 2) motor representations as a prerequisite of motor learning in prevention and rehabilitation. In her experimental work she develops (digitized) methods to assess cognitive and motor performance, and employs EEG and fNIRS. Schott has published over 100 scholarly publications (including a German textbook for *Motor Development*). She serves as Vice President for Research and International Affairs of the ASP (German Association for Sport Psychology).

Nadja Schott is a Professor and head of the Human Performance Lab at the University of Stuttgart, Germany. A major focus of her lab's recent research is the understanding and development of effective approaches to enhance brain function, cognition



Richard van Emmerik

include stability and adaptability and the role of variability in human movement. The research in his laboratory is integrative and focuses on the interaction between mechanical, neural and perceptual factors underlying the control of posture and gait, with applications to rehabilitation and human factors. He has been a NASPSPA member since 1986 and has served on various committees of the Society. He is an active member of the National Academy of Kinesiology and serves on editorial boards for *Motor Control*, *Human Movement Science and Kinesiology Review*. His research has been supported by NIH, NSF, NASA, the Department of Defense, as well as several private foundations such as the National Multiple Sclerosis Society.

Richard van Emmerik is a Professor in the Department of Kinesiology at the University of Massachusetts Amherst. His research addresses coordination and control of human movement from a nonlinear and complex systems perspective. Major topics

STUDENT REPRESENTATIVE'S COLUMN

Students Apply for Awards and Prepare for the Conference

By Christine Pacewicz, Student Representative



Christine Pacewicz

Greetings NASPSPA student members and happy new year! I hope you all had an enjoyable holiday season and were able to spend time with friends and family. As you are making final preparations for the start of the new term, do not forget

to begin planning for the NASPSPA conference in Baltimore, Maryland.

Below is a brief summary of the award opportunities for NASPSPA student members. Greater detail pertaining to each award can be found on the [NASPSPA website](#). Additionally, below you can also find details regarding student activities planned for the conference.

Student Awards

Outstanding Student Paper Award

Each year, one Outstanding Student Paper Award is available for each NASPSPA research area (i.e., motor development, motor learning/control, sport/exercise psychology). There are two steps to apply for this award. First, when submitting your abstract for the June conference, you must indicate that you want your abstract to be considered for the award. Second, you must

submit additional applicant materials within two weeks after abstract submissions close (i.e., by January 29th). These materials include a five-page abstract and a letter of recommendation from your advisor. Applications should be submitted to the [Area Program Chairs](#). Recipients of this award will receive a monetary prize and will be recognized at the annual business meeting.

Graduate Student Award for International Travel

NASPSPA offers Graduate Student Awards for International Travel. There are three annual competitions for this award. Deadlines for these competitions are September 30th, January 31st, and May 31st. Recipients of this award receive \$700 to help them present their work at conferences outside of North America. Applications include a (a) short abstract, (b) a five-page abstract, (c) a letter of information regarding the evaluation criteria listed on the website as well as the conference location and host, and (d) a letter of recommendation from your advisor. Applications should be submitted to the NASPSPA President (Dr. David Anderson, danders@sfsu.edu).

Graduate Student Research Grant

The Graduate Student Research Grant supports the scholarship of NASPSPA student members. Awards of up to \$2,000 are provided to aid with research costs (e.g., equipment, travel for data collection, and participant recruitment). Applica-

tions should include a five-page outline of the proposed study, verification of ethics approval, an estimated budget, a two-page CV, and a letter of support and approval of the budget from your advisor. All materials should be submitted to the NASPSPA President (Dr. David Anderson, danders@sfsu.edu) by April 1, 2019 for consideration. Applicants will be notified of the results no later than June 1, 2019.

Conference Details

The Executive Committee has been hard at work planning the conference this winter, including planning student activities. When registering, please consider signing up for the student-social as well as the student-faculty luncheon, each event costs \$10. The student-social will be held at a restaurant and bar within walking distance of the conference hotel on the evening of Friday, June 7th. We are still working on securing a good site. Registration includes one drink voucher and pre-ordered appetizers. The student-faculty luncheon will be held on Thursday, June 6th. The theme of the luncheon is post-doctoral work. This event is an opportunity for students to meet with current or recent post-docs and discuss their experiences (e.g., seeking opportunities, securing funding, working with advisors). A limited number of spots are available for the luncheon. Thus, if interested, consider registering early.

Continued from page 10

Student Representative's Column

Last year in Denver we held the inaugural Three-Minute Thesis (3MT) competition. Students presented their research in three minutes and received feedback from professional members. This competition will return for the 2019 conference. Registration for this competition is free and will open in March *after* notification of abstract acceptance. The winner will receive free conference registration for 2020. Please note that there is a limited number of spots for the competition. If interested, be on the look out for when registration opens in March.

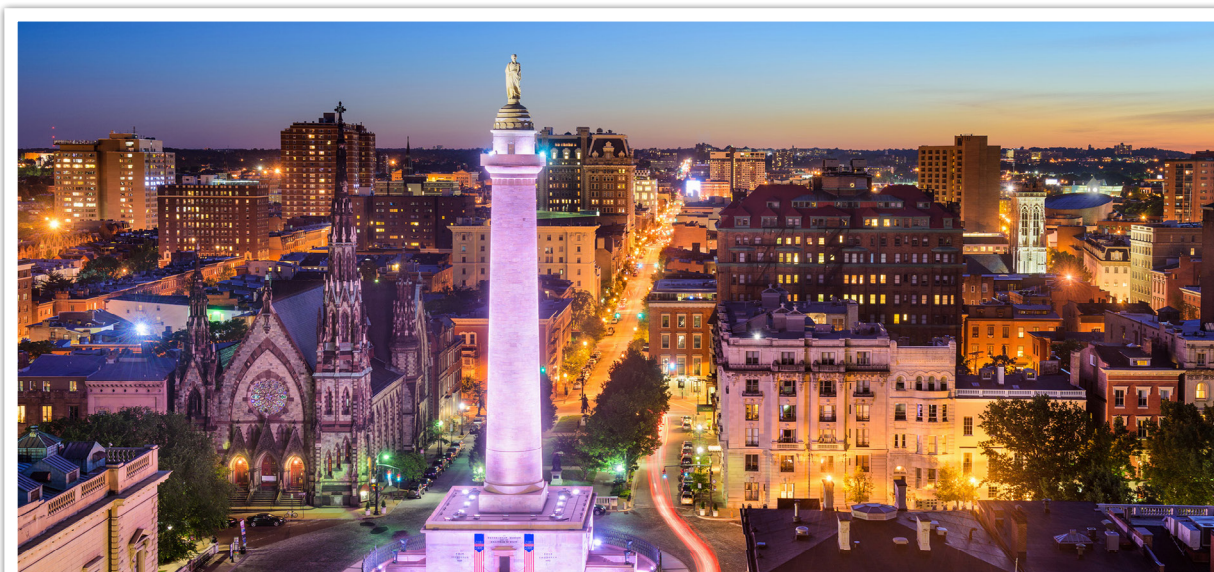
Along with the activities highlighted above, there will be pool side chats on Saturday afternoon. The pool side chats are open to all members and are an opportunity to talk with faculty on

various topics. Current themes include: work-life balance, grants and funding opportunities, pursuing research interests versus funding, and post-doctoral work. If there are additional themes that students or faculty want covered, please contact me (pacewicz@msu.edu) with your interests.

Student Representative Applications

If you are interested in holding a larger role in NASPSPA, consider applying for the student representative position. The Student Representative is responsible for organizing student events at the annual conference and is the liaison between student members and the Executive Committee. Applications are due by February 1, 2019. If interested, please contact me (pacewicz@msu.edu).

I look forward to seeing you all in Baltimore!



NASPSPA Newsletter

Managing Editor: Amy Rose

Designer: Sean Roosevelt

Communication Director: Sarah Ullrich-French



Human Kinetics

P.O. Box 5076 Champaign, IL USA 61825-5076

www.HumanKinetics.com