

Table of Contents

PRESIDENT'S MESSAGE

Baltimore, here we come! 1

PAST-PRESIDENT'S MESSAGE

Baltimore is just around the corner! 3

Announcement of Distinguished Scholar Awards . . 4

STUDENT REPRESENTATIVE'S MESSAGE

Student Events Scheduled for 2019 Conference 5

2019 Online Voting for Executive

Committee Positions 6

President-Elect Candidates 7

Communication Director Candidates 9

Student Representative Candidates 11

NASPSPA 2019 CONFERENCE INFORMATION

Updates on What You Need to Know and Do . . 13

Pre-Conference Workshop 14

PRESIDENT'S MESSAGE

Baltimore, here we come!

By David Anderson, NASPSPA President



David Anderson

After a wilder than usual winter in North America, Spring has definitely sprung! In surveying my backyard, I'm reminded of Gerard Manley Hopkins' poem *Spring*: "Nothing is so beautiful as spring – When weeds, in wheels, shoot long

and lovely and lush..." and wishing that I'd put down pavers when I had the chance to rid the yard of grass in the midst of California's most recent drought. What a difference a couple of rainy winters can make. And what a difference the space of a year can make in the way we go about our usual NASPSPA business. Just over a year ago, the executive committee held its breath as we rolled out a new website, a new process for processing memberships, and a new system for processing conference registrations and for submitting, reviewing, collating, and publishing abstracts. Though there were a handful of expectable glitches, those glitches were trivial and for the majority of the membership they were barely noticeable thanks

to the meticulous preparation and stealthy and agile oversight provided by Daniela Corbetta and Joel Barnes. This year, the new processes ran like a charm, suggesting that we've made

Executive Committee

President

*David Anderson,
 San Francisco State University*

President-Elect

*Catherine Sabiston,
 University of Toronto*

Past-President

*Steve Bray,
 McMaster University*

Secretary-Treasurer

Anne Cox, Washington State University

Communication Director

*Sarah Ullrich-French,
 Washington State University*

Student Representative

Christine Pacewicz, Michigan State University

Past-Presidents' Liaison

Jill Whittall, University of Maryland Baltimore

[Continued from page 1](#)

President's Message

a successful transition to the new platform set up by Daniela and Joel in a very short period of time. Credit must also go to you, our members, of course, for embracing and adapting to the changes that were made!

Steve Bray, Past-President, and the area program committees (chaired by Laura Claxton, MD, Breanna Studenka, MCL, and Jennifer Brunet, SEP) have been hard at work organizing what is shaping up to be another excellent program for the upcoming conference in Baltimore. Please see the devoted sections of the newsletter for more specific information about the conference program. It goes without saying that Penny McCullagh has been her inimitable self, working around the clock to ensure that the conference runs without a hitch. It is not until one sits on the Executive Committee that one realizes just how much work Penny has to do throughout the year to prepare for the conference. There's a reason our conferences run so smoothly year after year! What you do also makes a difference. If you haven't yet booked your hotel room or registered for the conference, please do so as soon as possible. We run the risk of overpaying for events at the conference if we don't have an accurate head count and paid registrations are the way we estimate head counts. If you still need accommodations, please refer to the conference section of the newsletter for directions or email Penny at naspspa@hotmail.com for assistance. Chrissy Pacewicz has also been hard at work organizing events that will engage our student members with each other, with faculty, and

with the city of Baltimore. Please read Chrissy's column to get the scoop on what's in store for the students this year.

I would like to take this opportunity to thank those who nominated members to serve on the Executive Committee in the upcoming vacancies for President-Elect and Communication Director. I would also like to extend my thanks to the Nominations and Selections Committee Members, who helped to narrow the field to two candidates for each open position. I'm delighted to announce that we have another excellent slate of candidates running for the open positions:

President-Elect

Mary Rudisill, Auburn University
Jeff Haddad, Purdue University

Communication Director

Jared Porter, University of Tennessee, Knoxville
Christopher Rhea, University of North Carolina, Greensboro

Student Representative

Harjiv Singh, University of Nevada, Las Vegas
Laura St. Germain, McMaster University

More information about each of our candidates can be found later in this newsletter. Please take some time to familiarize yourselves with the candidates before the voting takes place in April and be on the look out for an email from NASPSPA indicating that the voting window has opened. The email should arrive the same day you receive this newsletter. It will tell you how to cast your vote and specify that the voting window will be open for 10 days. So, once you receive that email, don't dawdle!

Following the precedent that was set last year, I'm also delighted to inform you that we are announcing the Distinguished Scholar and Early Career Distinguished Scholar Award recipients in this newsletter rather than keeping them secret until the conference. The recipients of these prestigious awards are presented later in this newsletter. Congratulations to this year's most-deserving awardees! I would like to thank again the members who took time and initiative to put forth nominations for the Distinguished Scholar and Early Career Distinguished Scholar Awards and to thank the Distinguished Scholar Selection Committee for their hard work carefully reviewing the nominees and selecting the winners. We will have a special session at the conference where we will have an opportunity to celebrate this year's awardees. Please be sure to attend this special session to honor our colleagues and celebrate their scholarly achievements.

Finally, a reminder that the next application deadline for the Graduate Student Award for International Conference Travel, valued at \$700, is May 31, 2019. To be eligible for these awards, students must be members in good standing, with dues for 2019 paid in full. Applications for these awards should be emailed to me at danders@sfsu.edu.

Well, that's it from me. I hope you enjoy our jam-packed Spring 2019 issue of the newsletter and I look forward to seeing you in Baltimore in June!

PAST-PRESIDENT'S COLUMN

Baltimore is just around the corner!

By Steve Bray, NASPSPA Past-President



Steve Bray

It's hard to believe it's already Spring and our Annual Meeting in Baltimore feels like it's just around the corner! There were just over 300 submissions for this year's conference, which is down a bit from our record highs in Honolulu, Montreal, and San Diego. The Summer conference season offers many opportunities and the 50th Anniversary FEPSAC conference in Münster together with the ISBNPA conference in Prague (on the same days as NASPSPA), created some unusual circumstances that could help explain why this year's conference may be a little more intimate than we've become accustomed to over the past few years. Although the number of submissions was down somewhat compared to the last few years, the content is clearly in line with the high scientific standards we are used to seeing. The incredible lineup of major speakers was announced in the [Winter newsletter](#), so please look there for more information about those exciting talks. There is also a great collection of student-oriented sessions populating the conference program, so be sure to check out Chrissy's column for more information about those events. By now, those of you who are attending the conference will

have seen the program and recognize it follows a format similar to the past few years. Everyone who is presenting should know exactly what session(s) they are presenting in, but if there is any uncertainty, please don't hesitate to get in touch with me directly at sbray@mcmaster.ca.

Before I say too much, I must extend my sincere gratitude to the Area Program Committees for their tireless and expeditious work over the past few months reviewing the abstract submissions and assembling the program sessions for the conference. In particular, the leadership of each of the Area Program Chairs: Laura Claxton (Motor Development), Breanna Studenka (Motor Learning and Control), and Jennifer Brunet (Sport and Exercise Psychology) has been outstanding. Facilitating the review process for the abstracts and awards, organizing the Keynotes and Senior Lectures, and putting together the conference sessions is a mentally-demanding and time-intensive process and working with this year's Area Program Chairs was an amazing team effort. Thank you Laura, Bree, and Jennifer - and your Committees for your valuable service to NASPSPA!

I also want to extend a huge thank you to Joel Barnes who single-handedly looks after the architecture of our online submission and review system. Joel built the system for us from the ground up last year and has made some significant refinements over the past few months

that allow tremendous flexibility in the submission process as well as on the administrative end where the workflow design is very user-friendly. He is always quick to return an email and hugely accommodating whenever something new needs to be done or something basic needs to be explained to a novice user with severe IT challenges (me) -- Thank You Joel!

There really are no words to come up with that can express how much gratitude I have for Penny McCullagh who, this year again, looked after all the heavy lifting and dainty touches involved in organizing the conference. As there are no words, an endless supply of hugs will have to do!

The processes and content of this year's conference have a few new things to offer.

As most of you already know, for the first time, the NASPSPA Program Committee put out a call for late-breaking research. Inviting late-breaking submissions has many advantages such as allowing our members greater flexibility in terms of submissions as many student projects are just getting under way in the Fall and don't have data fully collected or analyzed by the regular abstract submission deadline in mid-January. However, there are also additional administrative, review, and programming considerations that create challenges for the Program Committee and Conference Organizer. As this newsletter is being published, the late-breaking abstract

[Continued from page 3](#)

Past-President's Message

portal will just be closing and the process has gone very smoothly. This is a pilot project for this year, so we'll see how it goes and seek feedback from the membership for our decision making going forward.

It's also exciting to have a pre-conference workshop being offered as a joint initiative between NASPSPA and the Society for Transparency, Openness, and Replication in Kinesiology (STORK) at no cost to NASPSPA members. There has already been a very positive response with multiple registrants. Please see the announcement and registration information later in the newsletter if you're interested in attending the workshop on the afternoon of Wednesday, June 5. Personally, I am very disappointed that I'll be missing this workshop due to a scheduling conflict with the NASPSPA Executive Committee meeting. However, I hope that many of you will take advantage of this excellent opportunity to learn and engage in a healthy and informed dialogue with experts in the facilitation of open science practices.

Before I close, I would like to let everyone know that, as usual, the abstracts will be appearing in a Supplemental Issue of the Journal of Sport & Exercise Psychology that should be published and available online in time for the conference. Human Kinetics has been absolutely fantastic to work with and their continuing support for NASPSPA is greatly appreciated.

As I end my tenure on the NASPSPA Executive Committee, I would like to sign off by thanking

the NASPSPA members for giving me the opportunity to serve NASPSPA for the past three years. I first attended NASPSPA in 1992 and over the years, I have benefitted so much from the warm, friendly, and intellectually-stimulating environment NASPSPA always provides. Those

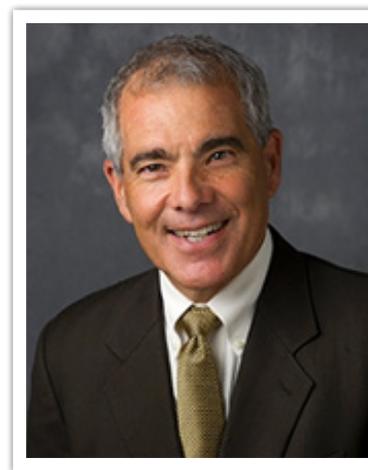
benefits expanded exponentially through my experiences with our amazing colleagues on the NASPSPA Executive and Conference Program Committees. It has truly been an honor to serve.

Announcement of Distinguished Scholar Awards

Congratulations to the 2019 Distinguished Scholars (Joan Duda and Howard Zelaznik) and Early Career Distinguished Scholar (Sam Logan) Recipients. Awardees will be recognized during the Annual Conference Business Meeting and there will be a session for the Distinguished Scholars during the conference welcome.



Joan Duda, 2019
Distinguished Scholar



Howard Zelaznik, 2019
Distinguished Scholar



Sam Logan, 2019 Early
Career Distinguished Scholar

STUDENT REPRESENTATIVE'S COLUMN

Student Events Scheduled for 2019 Conference

By Christine Pacewicz, NASPSPA Student Representative



Christine Pacewicz

Greetings NASPSPA student members! As we leave winter behind, this means the annual conference will be here before we know it! Please review the information below detailing important conference events, student awards, and 2019-2020

Student Representative nominations. Conference events are listed by date of occurrence to help you structure your time.

Thursday, June 6

Student-Faculty Luncheon

This year's theme of the luncheon is post-doctoral work. The event is an opportunity for students to meet with current or recent post-docs and discuss their experiences (e.g., seeking opportunities, securing funding, working with advisors). Five individuals will join students during the luncheon. These individuals represent all program areas and are coming from locations in the U.S., Canada, and Amsterdam. If you have registered for this event, please make sure to attend. There are a limited number of spots for the event and faculty are kindly taking the time to share their experiences and knowledge with you. Make sure to be respectful and professional by attending. If

there is an unforeseen circumstance that does not allow you to attend, please connect me (pacewicz@msu.edu) as soon as possible so a student on the waiting list can attend.

Friday, June 7

Annual Business Meeting

The annual business meeting will occur during lunch on Friday, June 7. As a NASPSPA member, it is important that you attend the meeting. During this meeting members vote on policy/handbook changes, discuss current issues regarding the organization, recognize recipients of annual awards, and introduce new members of the Executive Committee. Please consider attending as students are a vital part of the organization. Lunch is provided at this event, but you must indicate that you will attend the meeting when registering for the conference to secure a ticket.

3MT Competition

Last year in Denver we held the inaugural Three-Minute Thesis (3MT) competition. Students presented their research in three minutes and received feedback from professional members representing each program area. This competition will return for the 2019 conference. The competition will occur prior to the student meeting on Friday. If you are interested in participating, please email me (pacewicz@msu.edu) by April 26. Please make sure to attend and support your

fellow NASPSPA student members!

Student Meeting

The annual student meeting will follow the 3MT Competition. This meeting provides student members with information on award opportunities, serves as an outlet for students to provide feedback about conference events, and introduces the new Student Representative. The student social will follow the meeting.

Student Social

The location of the social is finalized. The social will be held at [Tír na nÓg Irish Bar and Grill](#). The site is a four-minute walk from the conference hotel and is located on the harbor. The \$10 fee provides you with a drink ticket and pre-arranged appetizers. This event is a great way to meet other students in the organization and expand your network. If you do not sign-up for this event when registering for the conference, on-site registration will be available. Please make sure to have cash for the \$10 fee.

Saturday, June 8

Pool-Side Chats

The pool-side chats are open to all members and are an opportunity to talk with faculty on various topics. This event will take place at lunch time on Saturday. Current themes include: work-life

Continued from page 5

Student Representative's Column

balance and raising a family, grants and funding opportunities, pursuing research interests versus funding, and post-doctoral work. This event is a great way to chat with faculty in an informal setting.

Additional Information

Student Award - Graduate Student Award for International Travel

NASPSPA offers Graduate Student Awards for International Travel. There are three annual competitions for this award. The upcoming deadline is May 31st. Recipients of this award receive \$700 to help them present their work at conferences outside of North America. Applications include

a (a) short abstract, (b) a five-page abstract, (c) a letter of information regarding the evaluation criteria listed on the website as well as the conference location and host, and (d) a letter of recommendation from your advisor. Applications should be submitted to the NASPSPA President (Dr. David Anderson, danders@sfsu.edu).

Student Representative Nominees

I am very excited to announce the two nominees for the 2019-2020 Student Representative position. The nominees are Laura St. Germain – McMaster University and Harjiv Singh – University of Nevada, Las Vegas. Please read their biographies and make sure to participate in the voting for new Executive Committee members.

Conference Roommates

As you make preparations for the conference, if you should need a roommate, consider posting an announcement on the [NASPSPA Student Facebook](#) page. You can also contact me (pacewicz@msu.edu) and I will try to connect you with other students looking for a roommate.

I look forward to warmer weather and seeing you all in Baltimore!

2019 Online Voting for Executive Committee Positions

We are pleased to continue offering online voting for NASPSPA executive committee positions. Soon after the publication of this newsletter, you will receive an e-mail from the Communication Director, Sarah Ullrich-French, which will contain a link to an online survey instrument that allows you to cast your votes for each of the open NASPSPA Executive Committee positions. This survey will allow you to vote for the candidate of

your choice anonymously. Voting will be open for 10 business days beginning when the email notification is sent. Once the Executive Committee has certified the vote, candidates will be notified of the outcome, and the results will then be shared with the membership.

President-Elect Candidates



Mary E. Rudisill

Dr. Mary E. Rudisill is the Director and a Wayne T. Smith Distinguished Professor of Motor Development in the School of Kinesiology at Auburn University. She was inducted as a fellow into the National Academy of Kinesiology in 2016. Rudisill earned

her Doctorate in Movement Science Education from Florida State University in 1985. She has served as the President for the American Kinesiology Association (AKA) and was recently awarded the Jerry Thomas AKA Distinguished Leadership Award for doctoral degree granting units. She received this award based on a number of significant accomplishments as the Director of Auburn's Kinesiology program.

Through her leadership she increased the research profile of the school as evidenced by a significant jump in Auburn's National Academy of Kinesiology ranking. During her tenure as Director,

Auburn has moved from 22nd in 2010 to 14th in 2015. Dr. Rudisill has fostered and established numerous partnership, outreach, and diversity/inclusion activities by developing centers and programs such as the Warrior Research Center, the Sport Optimization center, the Gastrointestinal Research Center, Future Scholars Summer Bridge program, various partnerships with HBCUs, the US Olympic Committee, VCOM Medical School and a host of other local and regional agencies. Rudisill has "engineered" the construction of new buildings and the renovation of other research and classroom space. In the spring of 2013, Auburn moved into a new 23 million dollar state of the art research facility. She has brought new talent to the school through faculty and staff hires – people who have elevated the status of Kinesiology on the Auburn campus, in the state of Alabama, and around the world.

Dr. Rudisill has also served in leadership roles at the national level. She was a member of the AKA Diversity Taskforce, and as the AKA member representative for the development of the National Collegiate Fitness Index (NCFI)

Survey. She is a past chair of the Motor Development Academy within the SHAPE America organization. Dr. Rudisill has been a member of NASPSPA since 1985 and has attended and contributed to all but two NASPSPA meetings in the 34 years of membership.

Dr. Rudisill is a researcher and the director of a research program designed to create and investigate model physical play programs for young children. Her primary research objectives have been to learn more about what motivates children to learn to move and engage in physical activity. Over the past 30+ years, in collaboration with early childhood motor specialists from around the world, she has advanced from studying this topic in laboratories to intervening in naturalistic settings. This research has led to the development of field-tested motor interventions that are based on achievement goal theory. Dr. Rudisill has published six books, 20 book chapters, and over 100 papers related to this research topic, and is internationally recognized for her work in early childhood motor development.

President-Elect Candidates



Jeff Haddad

My name is **Jeff Haddad**. I am an Associate Professor in the Department of Health and Kinesiology at Purdue University. My research examines changes in postural stability, manual control, and locomotion that occur as a function of age, development,

and disease. I am particularly interested in a life-span perspective to motor adaptation in varying contexts. My work has been funded by NIH, NSF, and the Indiana Clinical and Translational Sciences Institute. In addition to my academic duties, I currently serve on the Purdue Biomedical IRB, and am an academic editor for PLOS ONE.

My first NASPSPA conference was as a masters student in 2000. At the time, I was inspired (and a bit overwhelmed) by all of the interesting and important research that was being conducted by NASPSPA members. I came to realize over the years that NASPSPA is an incredible organization

that provides its members with valuable professional development and academic opportunities and I have always welcomed the opportunity to serve the society. I have served twice on the developmental perspectives committee, once as a member and once as the chair. Additionally, I have served as a member on the motor control / learning program committee. I would welcome the opportunity to continue serving NASPSPA as president-elect.

Many researchers in our organization (including myself) examine questions related to improving mobility, performance, and the well-being of individuals across the life span. I believe that big questions and advances relevant to our society require a multi-disciplinary approach and that NASPSPA provides the interdisciplinary infrastructure necessary to tackle these endeavors. It is always amazing to see that at a NASPSPA conference, I can attend talks that range from the mechanistic underpinnings of motor control and development to topics surrounding motivation, exercise adherence, sport performance, and self-determination. The interdisciplinary

nature of the NASPSPA conference has always drawn me to the organization. Although diverse, I believe collaborations between the respective NASPSPA areas are likely to produce the most impactful results and best fulfill the overall mission of NASPSPA. My firm belief in the power of interdisciplinary research has guided my own research questions (which routinely involve people from other disciplines), as well as my teaching endeavors and service work. As president elect, I would continue to promote NASPSPA's strong history of interdisciplinary research and would actively seek to leverage this history into new collaborative opportunities for our members. I would also work to find ways to foster additional opportunities for graduate students. I have had the privilege to work with a variety of graduate students and believe that the future success of NASPSPA depends on the current success of our students. Finally, inserting a moment of levity, I would be a strong advocate of improving the selection of craft beer served at the poster sessions.

Communication Director Candidates



Christopher K. Rhea

Christopher K. Rhea is an Associate Professor and the Associate Department Chair for Research in the Department of Kinesiology at the University of North Carolina at Greensboro (UNCG). He completed his PhD at Purdue University in 2009 and, after

a postdoc at Brown University, started his faculty position at UNCG in 2011. Chris serves as the Director of the Virtual Environment for Assessment and Rehabilitation Laboratory (VEAR Lab) in which his research team examines the role of complex behavior in gait and postural control. His team also develops novel rehabilitation interventions to enhance motor behavior, including the use of virtual reality and smartphone technology, for which a United States patent (#10,152,898) was recently issued. His research has been funded by the National Institutes of Health (NIH), the Department of Defense (DoD), the US Navy, the

Health Resources and Services Administration (HRSA), and the Women's Football Foundation (WFF) to create solutions for problems in the areas of sport-related and military concussive and sub-concussive head trauma, falls in older adults, mobility issues in stroke survivors, and health literacy. Chris is a committed member of NASPSPA, which he considers to be his primary professional organization. He and his students have given 47 presentations at NASPSPA since he began attending in 2003. Chris began his professional service to NASPSPA by serving as the Student Representative on the Executive Committee from 2006-2007. He has also twice served on the NASPSPA Motor Learning and Control Conference Program Committee (2014 and 2019), as well as serving on the 50th Anniversary Committee for the 2017 NASPSPA Conference.

Chris' approach to scientific communication and dissemination extends beyond his laboratory through many different mechanisms. This includes giving speeches to community members (e.g., TEDxGreensboro, Kiwanis Club of Greensboro,

Triad Retirement Living Association), serving as an invited guest speaker at a variety of universities, participating in DoD think tanks to address military health challenges, contributing to other professional societies (e.g., External Relations Committee in the International Society for Gait & Posture Research), and using social media to connect with the public about recent scientific findings. He believes that university researchers are in a unique position to not only create new knowledge, but to also communicate that information to stakeholders within and outside the university, serving as the fulcrum between science and society. If elected, Chris would approach the NASPSPA Communication Director role through this lens, helping to enhance the communication within and beyond NASPSPA. Chris would welcome this opportunity to continue serving the professional and student members of NASPSPA and to help further the society's mission.

Communication Director Candidates



Jared Porter

Hello, my name is **Jared Porter**. I am an Associate Professor of Motor Learning at the University of Tennessee at Knoxville. Prior to my appointment at the University of Tennessee, I was a faculty member at Southern Illinois University for 10 years. I completed my Ph.D. at Louisiana State

University under the mentorship of Richard Magill. I attended my first NASPSPA conference in 2003, when the conference was held in Savannah GA. In addition to regular participation in NASPSPA

conferences, I have also served on the NASPSPA program review committee and the NASPSPA student awards committee. As a researcher, I'm interested in understanding how humans acquire motor skills and how practice related factors influence the motor learning process. I have over 40 peer reviewed publications and have presented more than 100 papers on a range of topics including focus of attention, contextual interference, augmented feedback and practice schedule design. I sit on the editorial boards of the *Journal of Motor Learning and Development*, the *International Journal of Motor Control and Learning*, and *Frontiers in Movement Science and Sport Psychology* in addition to serving as a reviewer for many journals across disciplines including motor learning, motor

control, motor development, sport and exercise psychology and biomechanics. Although I'm a member of multiple scientific societies, NASPSPA is my "home" organization and is the focal point of my yearly conference travels. I've benefited greatly from my involvement in NASPSPA, and I would be honored to serve the NASPSPA membership as Communication Director.

Student Representative Candidates



Laura St. Germain

My name is **Laura St. Germain** and I am a first year doctoral student at McMaster University under the supervision of Dr. Michael Carter. My research interests lie in motor control and learning. Specifically, I am interested in how

to utilize algorithms to schedule and structure practice to maximize the learning of novel motor tasks.

I am looking forward to attending my third NASPSPA conference this year in Baltimore. I am grateful for the opportunities afforded by the

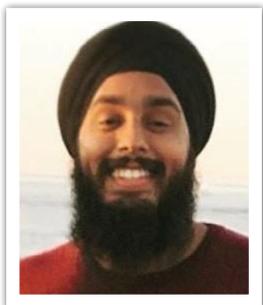
NASPSPA community to connect with faculty and fellow students resulting in academic and personal growth. Thank you for considering me for the 2019-2020 NASPSPA Student Representative position. If elected, my goal will be to continue to facilitate, and develop new and exciting opportunities for students, post-doctoral fellows, and faculty to create meaningful connections.

I have held several leadership positions throughout my academic career which have allowed me to garner skills that will be useful as the Student Representative. During my Master's, I was the assistant captain of the University of Ottawa's Competitive Dance Team. In that role I was responsible for organizing the year end showcase and team fundraisers, and acted

as a point of communication between team members and coaches. Additionally, at the 2018 NASPSPA meeting I had the pleasure of being a Student Volunteer. In this position I helped with conference registration, ensured that presentation sessions began on time, and facilitated conference social events. These responsibilities allowed me to strengthen my organizational and communication skills that will be assets in the Student Representative position.

I would be honoured to have the opportunity to further serve the NASPSPA community as the Student Representative for the 2020 meeting in Vancouver!

Student Representative Candidates



Harjiv Singh

My name is **Harjiv Singh** and I am currently a doctoral student in the Motor Performance and Learning lab at the University of Nevada, Las Vegas. Under the advisement of Dr. Gabriele Wulf, my current work investigates the interplay of both, motivational and atten-

tional factors that enhance motor performance and learning. Specifically, I am interested in the influence of enhanced expectancy characteristics on movement variability particularly for the characteristics of instruction. It is with great pleasure and excitement that I am to be considered for the 2019-2020 NASPSPA Student Representative position as I believe my relevant experiences have prepared me to take on this role.

NASPSPA is a platform for growth, leadership, and effective communication - all three of which I have equally embodied throughout my academic and professional career. As a former collegiate and professional volleyball player, growth was the epitome for success. With it, came a natural inclination towards leadership. It was the founding of Students Helping India,

a national non-profit, and the appointment of Public Relations Chair for UNICEF that led me to understand the value of creating opportunity. Upon starting my graduate degree program at Columbia University, I was elected as the student senator for the BioBehavioral Sciences department. During my two years at the school, I served as a liaison between faculty and students spanning all programs including neuroscience, motor learning, and exercise physiology. From creating goal oriented agendas, coordinating international service trips, playing overseas immersed in new culture, and facilitating networking events across disciplines, my experience serving on several executive boards has enabled me to fulfill responsibilities that are reflective of the student representative position. While I've only been a member of NASPSPA for two years, I have had the privilege to travel, speak, and engage in dialogue with organizations like the International Society of Motor Control, American Society of Biomechanics, Gold Medal Squared, and the National Strength and Conditioning Association. These platforms afford students avenues from which such mentor/mentee relationships blossom.

Currently, I also serve as a volunteer assistant coach with the UNLV women's volleyball program and facilitate monthly skill acquisition conference

calls known as the BernsteinBuzz. Both experiences allow me to set amenable plans focused primarily on effective communication. Overall, my goal as a student representative is to embody an interdisciplinary approach to our overall research interests. Moreover, as an organization, I think it is imperative we spearhead programs to tackle issues outside of our own interests which may have a broader impact on those who we represent and interact with. Projects considering gender inequality, professionalism, depression, and anxiety are just a few. If elected, I hope to use these experiences as a vehicle towards representing the student interest and making growth, leadership and effective communication my three pillars towards engaging members year round and through diverse means of collaboration. I promise not only to extend the work done before me, but also expand the horizon of the work we are capable of doing. Thank you for considering me as the 2019-2020 NASPSPA Student Representative. I look forward to seeing you all in Baltimore!

NASPSPA 2019 CONFERENCE INFORMATION

Updates on What You Need to Know and Do

TRANSPORTATION TO HOTEL

If you fly into BWI (Baltimore Washington International) you can take the light rail (from Concourse E) directly to Camden station. The [Light rail train](#) runs approximately every 20 minutes and is about a 25 minute ride to Camden Station. The cost is \$1.80 for those under 65 (and only .80 for those over 65). It is two blocks downhill from Camden Station to the Hyatt Hotel (you can enter through the back door so you don't have to walk around the block to the front).

A taxi ride is about \$35 dollars and other transportation such as Uber and Lyft may be available. Check the cost. If you fly into Regan or Dulles, you will need to arrange a shuttle or rent a car. They are much further away.

Notice about Hotel Rooms

If you have not made your hotel reservation, please do so immediately! Please be sure to prioritize staying at the Hyatt Regency Baltimore Inner Harbor as NASPSPA is committed to fulfilling a minimum number of rooms in order to be able to host the conference at this fantastic hotel. Most of us are unaware of the fact that NASPSPA enters into binding contracts with our host hotels years in advance of the conference and must pay very high costs for the use of meeting/presentation room space if we do not fulfill our hotel room quota. We are currently well below the number of room bookings necessary for this year's conference. We recognize our members have a choice when it comes to

accommodation and appreciate your support in our efforts to provide the best value possible when hosting our annual conference. There are currently rooms available for all nights of the conference. If you have any problems write an email to naspspa@hotmail.com with concerns.

Book your room at the Conference Hotel!

Please visit the website, to check out the hotel accommodations. Hotel prices are \$185 for single and double, \$195 for triple and \$205 for a quad. The hotel registration website is open. Your credit card will be used to hold the room, but you will not be charged until you arrive. You can cancel with no penalties up to 72 hours in advance of your stay. Click [here](#) to take you directly to hotel booking site.

CONFERENCE REGISTRATION

Go to <https://www.naspspa.com/registration/> to register for the conference.



Wednesday June 5, 2pm - 6pm

Location: Hotel Meeting Room (TBA)

Pre-Conference Workshop

The Society for Transparency, Openness, and Replication in Kinesiology (STORK) joins together with NASPSPA for a pre-conference workshop on open-science practices. This fun and informal workshop will cover a range of topics that create more transparent, rigorous, and shareable research practices. With minimal lecturing, experts in the field will guide group discussion and problem solving.

How many participants do I need for a replicable study? Which journals allow self-archiving? Won't I get scooped if I pre-register my analyses? Join us for the answers to all of these questions and more!

This pre-conference workshop is completely free to members of NASPSPA who have registered for the 2019 Conference, but we do need you to register in advance. To register, please contact: NASPSPA_preconference@gmail.com.

Specific Topics:

1. Improving Reproducibility and Replicability in Scientific Research
2. Methods for Data Sharing and Ethical Approval of Data Sharing
3. Statistical Power and Sample Size: Tools, Tips, and Tricks
4. Publication and Beyond: Self-Archiving, Pre-Prints, and Registered Reports

Presenters/Facilitators:

Keith Lohse, University of Utah
Zachary Zenko, California State University - Bakersfield
Christopher Hill, California State University - San Bernadino

Child Care Options at the Annual Conference

The executive committee has had many serious conversations about offering child care during the annual conference. We have looked into many options, and the liability, expense, and logistics pose challenges we have not been able to overcome. However, starting this year, we have created a Discussion Forum on our website that can be used to connect parents and guardians who are looking for child care options. We are hoping members will be able to share in care duties, or join together to identify appropriate care needs for your children. Log into your account on the NASPSPA website and you will see under "Notifications" a members forum to start conversations with each other if you are looking for child care options. We hope this is a start to addressing child care at the conference.

NASPSPA Newsletter

Managing Editor: Amy Rose

Designer: Sean Roosevelt

Communication Director: Sarah Ullrich-French