



Christopher Rhea <ckrhea@uncg.edu>

Conference updates (COVID-19 and abstracts)

NASPSPA Communication Director <naspspacd@gmail.com>

Thu, Mar 5, 2020 at 1:03 PM

Bcc: ckrhea@uncg.edu

Dear NASPSPA Community,

This email serves to update you on two conference-related topics:

1. Preparations for our annual conference in Vancouver are in full swing, though we are aware of the uncertainty the spread of the novel Coronavirus, COVID-19, is creating about national and international travel. We are monitoring the situation closely and will let members know if we anticipate any disruptions to the conference. In the meantime, if you cannot attend the conference due to travel restrictions imposed by your university or country, please email naspspa@hotmail.com and let us know.
2. If you notice an issue with your abstract when you log into the NASPSPA website (wrong email, typo, etc), please contact Past-President David Anderson (danders@sfsu.edu) ASAP.

Thank you and we will keep you updated as more information becomes available.

NASPSPA Executive Committee



Christopher Rhea <ckrhea@uncg.edu>

Update on NASPSPA Conference and COVID-19 concerns

NASPSPA Communication Director <naspspacd@gmail.com>
Bcc: ckrhea@uncg.edu

Tue, Mar 10, 2020 at 5:44 PM

Dear NASPSPA Community,

The Executive Committee is meeting this week to determine next steps in terms of the annual conference in Vancouver. At this point we are not calling off the meeting but will update you as soon as we have made a final decision which we expect to be by April 15. We will be posting updates on the website regularly and will communicate with the membership as frequently as needed to be transparent and informative. As an immediate action item, please note that we are extending the April 1st early registration deadline to allow you time to make decisions about your travel.

We encourage you to visit the CDC and the Canada Government websites (links below) to see their travel recommendations. Also, check with your airlines for any travel guidance. Many airlines are allowing you to book flights without penalties until the end of March.

Helpful links:

CDC:

<https://wwwnc.cdc.gov/travel/>

Public Health Agency of Canada/Canadian Government:

<https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/canadas-reponse.html>
<https://travel.gc.ca/travelling/health-safety/travel-health-notice>

World Health Organization:

<https://www.who.int/emergencies/diseases/novel-coronavirus-2019>

Take care,

NASPSPA Executive Committee



Christopher Rhea <ckrhea@uncg.edu>

Update on NASPSPA conference

NASPSPA Communication Director <naspspacd@gmail.com>

Mon, Mar 16, 2020 at 11:28 AM

Bcc: ckrhea@uncg.edu

Dear NASPSPA members,

We are writing to update you on decisions made at our Executive Committee meeting on Friday, March 13. The focus of the meeting was the ramifications of the spread of COVID-19 for our conference in Vancouver in June. At the outset, we want to stress that we are monitoring the unfolding COVID-19 pandemic very closely and the primary concern in our decision-making is the health and safety of our conference attendees.

We are very aware that many of you who planned to attend the June 2020 conference now face travel restrictions from your university that will make it impossible for you to attend. Most of us on the Executive Committee are subject to the same restrictions. **However, we cannot “officially” cancel the conference at this time due to contractual obligations that have serious consequences for NASPSPA’s financial viability.** We will provide more information about these consequences and why we are using the language we are using at a later date.

Though we have decided NOT to officially cancel the conference at the moment, we are also acutely aware that the face-to-face conference we are all accustomed to is unlikely to happen. We are exploring other options for hosting a conference, including running a “virtual” conference. If any of you have experience with alternate format conferences that might be viable options for NASPSPA please contact Past-President, David Anderson at danders@sfsu.edu.

Regardless of the conference outcome, it is important to note that all accepted abstracts will be published in a 2020 *Journal of Sport and Exercise Psychology* supplement even though you might not have the opportunity to present your work in the regular format. **Please DO NOT request a withdrawal of your abstract(s) at this time.**

If you have already booked your hotel, hold your reservation for now, even if it is highly unlikely you will be able to travel to the conference. Remember, you can cancel that reservation up until 72 hours before your stay and we will remind you well in advance of how to do this. We will leave it to your discretion to handle your flight bookings. Most airlines are allowing flights to be rescheduled without penalty. Many universities also appear ready to reimburse faculty and students for travel-related costs that cannot be recouped. Finally, we will provide an update to those of you who have already paid registration fees once we have a clearer picture of the path ahead.

Members of the Executive Committee are in constant contact via email and phone and we have scheduled a weekly virtual meeting as we continue to monitor the COVID-19 situation and plan for the June conference. We anticipate updating the membership weekly as our planning and decision-making unfolds. We deeply appreciate your forbearance as we navigate the extraordinary disruptions caused by COVID-19.

Please share this information with your co-authors.

Respectfully,

NASPSPA Executive Committee

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Christopher Rhea <ckrhea@uncg.edu>

Cancellation of our face-to-face NASPSPA conference, virtual conference planning underway

NASPSPA Communication Director <naspspacd@gmail.com>

Wed, Mar 18, 2020 at 7:19 PM

Bcc: ckrhea@uncg.edu

Dear NASPSPA members,

Given the dramatic pace of recent travel restrictions, isolations, and quarantines in the US and Canada, the Westin Bayshore Vancouver has waived all cancellation fees associated with our conference in June. Consequently, **the Executive Committee has decided to cancel our face-to-face conference in Vancouver.**

The conference planning committee is now turning its full attention to organizing a virtual conference during the dates originally scheduled for the face-to-face conference. The virtual conference will likely be shorter in duration than our regular one, but we hope to retain as many features of the regular conference as possible, including keynote addresses and the business meeting. We will provide updates as they become available.

If you reserved your hotel room through the NASPSPA link, the Westin Bayshore will cancel your room. If you booked without going through the NASPSPA link - (i.e, you booked outside the block), you will need to cancel on your own. As noted in our previous email, we will provide an update to those of you who have already paid registration fees once we have a clearer picture of how the conference will run this year.

Finally, we want to highlight the gracious and generous way in which the Westin Bayshore Vancouver has treated NASPSPA. Our gain is their loss. We urge our members to remember their generosity when you are planning future travel.

Please share this information with your co-authors.

Respectfully,
NASPSPA Executive Committee



Christopher Rhea <ckrhea@uncg.edu>

Update on 2020 NASPSPA Virtual Conference planning

NASPSPA <naspspacd@gmail.com>
Reply-To: naspspacd@gmail.com
To: ckrhea@uncg.edu

Mon, Mar 30, 2020 at 4:55 PM

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Dear NASPSPA Members,

NASPSPA's Executive Committee and the conference Program Chairs met on Friday, March 20 and again on March 27 to continue our discussion about the June 2020 conference. Though we made no decisions about the specific format of the conference, the Executive Committee voted unanimously to hold some type of virtual conference during a portion of the time period originally reserved for our face-to-face meeting. We are excited to report that our keynote speakers have expressed enthusiasm for participating in such a conference.

The Executive Committee and Program Chairs also unanimously agreed with an earlier decision to publish every abstract accepted for presentation at the 2020 conference in a special supplement of the Journal of Sport and Exercise Psychology (JSEP), regardless of whether the author(s) is able to present their work at the virtual conference.

We understand, however, that some authors may still choose to withdraw their abstract from the conference and request that it not be published in the JSEP special supplement. Please email David Anderson (danders@sfsu.edu) by Tuesday, April 7 if you **do NOT want** your abstract to be published in the JSEP special supplement. **PLEASE PUT IN SUBJECT LINE – REQUEST TO WITHDRAW ABSTRACT. If you are okay with publication – DO NOT email David.** For those of you who have accepted symposia, we will be contacting the organizers to determine how they would like to proceed.

Regardless of the format of the virtual conference, and whether you originally specified a preference for a verbal or a poster presentation, we plan to treat all accepted abstracts the same way. We will likely give authors some flexibility in terms of how they “present” their work as long as their “presentation” can be uploaded to a central repository.

Expect more details in the very near future about the format of the 2020 conference and the format of the individual presentations. We will also provide updated information about the new fee structure for the conference. If you registered early, you should have already received an email from Penny on the naspspa@hotmail.com account. She will be working on refunding your original registration fee.

Thank you for your patience as we all continue to navigate the uncertainty caused by COVID-19.

Respectfully,
NASPSPA Executive Committee

Responding to this email will send it to the NASPSPA Communication Director's email (naspspacd@gmail.com), which will be responded to promptly. You can also email the Communication Director (Christopher K. Rhea) directly at ckrhea@uncg.edu.



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Christopher Rhea <ckrhea@uncg.edu>

Framework and registration fees for 2020 NASPSPA Virtual Conference

NASPSPA <naspspacd@gmail.com>
Reply-To: naspspacd@gmail.com
To: ckrhea@uncg.edu

Wed, Apr 8, 2020 at 4:59 PM

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April 8, 2020

Dear NASPSPA Members,

NASPSPA's Executive Committee and the conference Program Chairs met again on Friday, April 3 to continue planning our June 2020 virtual conference. We now have a solid framework for the conference, which will entail approximately 8 hours of invited talks and the business/awards meeting in addition to a portal and forum for participants to upload their accepted presentations and interact with each other virtually. We will spread the talks and participant interaction over 2 days, Thursday June 11 and Friday June 12. We will schedule the main talks during a block that covers the middle of each day, US central time. The goal is to maximize concurrent participation for people within the three time zones in North and Central America and also provide our colleagues in Europe and in Asia and the South Pacific and an opportunity to either stay up late or wake up early to participate.

The talks will include the Human Kinetics Lecture, to be delivered by Zach Hambrick from Michigan State University, and the three Program Area Keynote addresses to be delivered by Amy Needham from Vanderbilt University, Karl Newell from the University of Georgia, and Susan Fiske from Princeton University. We will also hear from our Senior Lecturers, Nancy Getchell from the University of Delaware, David Wright from Texas A&M University, and Thelma Horn from Miami University of Ohio, and from our Early Career Distinguished Scholars, Sam Logan from Oregon State University and Jennifer

Brunet from the University of Ottawa.

We would like to keep the format of the individual member presentations as simple as possible. We ask that presenters put together a Powerpoint slide deck, with approximately 5 slides (e.g., title, intro, methods, results, discussion), that can be presented in no more than a 5-minute voice-over embedded in the file. The combined audio and Powerpoint files, which will be uploaded to a special section of the NASPSPA website (under construction), should be no larger than 10 MB. We will provide an example presentation very soon, though we also want to give you some creative flexibility to express yourself. We intend to group the presentations thematically into pods of approximately 6 presentations to facilitate navigation of the content and to maintain the feel of the traditional conference sessions. We expect presenters will be available for approximately 1 hour to answer questions about their work.

We have decided upon the following fee structure for the conference:

- \$50 for students
- \$60 for post-docs
- \$90 for retirees
- \$200 for professionals
- \$300 for non-members
- We will also have an option to pay a higher fee for registration that will assist NASPSPA to cover costs.

We would love to offer the virtual conference free of charge, but doing so would cause NASPSPA to suffer serious financial consequences. While offering a virtual conference is certainly less expensive than offering a face-to-face conference (hence the reduction from our typical registration fees), the costs are not trivial. Moreover, we have already incurred costs associated with the preparation of the face-to-face conference that we will not be able to recoup. NASPSPA is a small society, but the primary home for many students and professionals and we hope that you will help support this conference and future endeavors of the society. When you pay through PayPal, you will receive a receipt for the amount that you paid. We are more than happy to work with anyone who will have problems covering the cost of participating in the virtual conference. Please note that if you previously registered for the face-to-face conference, your registration fees have been refunded. Contact Penny at naspspa@hotmail.com if you did not receive a refund.

Finally, we remind you that you may still choose to withdraw your abstract from

the conference and request that it not be published in the JSEP special supplement. We have extended that deadline. Please email David Anderson (danders@sfsu.edu) by Tuesday, April 14 if you **do NOT want** your abstract to be published in the JSEP special supplement. **PLEASE PUT IN SUBJECT LINE – REQUEST TO WITHDRAW ABSTRACT. If you are okay with publication – DO NOT email David.**

Please share the information we have provided here with any colleagues/peers who are not NASPSPA members, but might be interested in the content of our conference. When we provide an example presentation, we will also update you on the deadline by which registration fees should be paid.

Thank you again for your patience as we all continue to navigate these uncharted waters.

Respectfully,
NASPSPA Executive Committee

Responding to this email will send it to the NASPSPA Communication Director's email (naspspacd@gmail.com), which will be responded to promptly. You can also email the Communication Director (Christopher K. Rhea) directly at ckrhea@uncg.edu.



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Christopher Rhea <ckrhea@uncg.edu>

Registration is now OPEN for the 2020 NASPSPA Virtual Conference!

NASPSPA <naspspacd@gmail.com>
Reply-To: naspspacd@gmail.com
To: ckrhea@uncg.edu

Tue, Apr 21, 2020 at 2:20 PM

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April 21, 2020

Dear NASPSPA members:

The Executive Committee and Program Chairs have been meeting each Friday to discuss the framework and details for the upcoming 2020 NASPSPA Virtual Conference. We have made a lot of progress, but there are still some details that need to be worked out before we can inform the membership about when/how/where to access the speakers' talks and the upload process of your presentations. However, in recognition that many of you need to spend end-of-the-year funds relatively soon for your conference registration, we have decided to **open registration effective immediately**. Below is information on the virtual conference dates, who needs to register, the links and costs to register, and ways to stay up-to-date with the latest 2020 NASPSPA Virtual Conference information.

- **Virtual Conference dates and times:** The meeting will be held on Thursday, June 11 and Friday, June 12. The major talks (Keynotes, Senior Lecturers, Early Career Distinguished Scholar, and the Business/Award meeting) will be held mid-day US central time.
- **Conference registration:** All lead presenters of accepted abstracts and anyone else who wishes to participate in the 2020 NASPSPA Virtual Conference need to register for the conference, for which the fees have been reduced relative to our face-to-face conference. Conference registration will provide access to the major talks and all virtual conference presentations. We recognize it is possible for one person to

register and share the login information with others. However, we discourage this activity and encourage all people who want to participate (co-authors, colleagues, students, etc.) to individually register, which provides financial support to NASPSPA as we navigate these unprecedented times. As noted in previous communications, there were some non-refundable costs associated with the cancelled face-to-face meeting planned for Vancouver and there are technological assistance costs associated with running a virtual conference. Thus, we have reduced the fees relative to the face-to-face conference, but to a level that still allows NASPSPA to cover the virtual conference costs.

- **REGISTRATION IS NOW OPEN!** If you are a NASPSPA member, [click here to register](#). If you are not yet member of our Society, you can either [click here to join](#) and then pay the member rate below or you can [click here to register at the non-member rate](#). Even if you are not presenting, it is appreciated if you can register prior to May 20, as that will help our planning process. The registration fees are as follows:
 - Students: \$50
 - Post Docs: \$60
 - Retirees: \$90
 - Professionals: \$200
 - Non-Members: \$300
 - Open Reg: Pay what you can over \$300
 - Open Reg is available for anyone who has extra funding available that they wish to use to pay a higher registration fee to support NASPSPA. In this option, you can choose how much you want to pay, as long as it is higher than the required registration fee. You will get a receipt that says Registration for NASPSPA Conference 2020 that indicates the total amount you paid. We still have costs associated with this virtual conference, as well as planning the original physical conference, and we appreciate those who are able to support the Society through this option.
- **PayPal:** Conference registrations are processed with PayPal. Please note that you do NOT need a PayPal account to make payment. When you arrive on the PayPal page through our conference registration link, please look for the Pay with credit or Visa Debit card option.
- **Staying connected with NASPSPA:** We invite you to watch the [YouTube video](#) created by NASPSPA President Catherine Sabiston that outlines some of the recent decisions the Executive Committee has made in the wake of COVID-19. You can also follow us on [Facebook](#) and [Twitter](#)

to stay updated on the latest Society news. If you are a student member, please join our [NASPSPA Student Member group](#) on Facebook. We are also building a Frequently Asked Questions (FAQ) page on our website that can serve as a resource as you plan for the upcoming 2020 NASPSPA Virtual Conference.

We will be in touch soon with more details on the specifications for your presentations, where and when to upload them, and how to access the major talks during our conference dates.

Be well and take care of family and friends.

Respectfully,
NASPSPA Executive Committee

Responding to this email will send it to the NASPSPA Communication Director's email (naspspacd@gmail.com), which will be responded to promptly. You can also email the Communication Director (Christopher K. Rhea) directly at ckrhea@uncg.edu.



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Christopher Rhea <ckrhea@uncg.edu>

Guidance on where/how to upload your 2020 NASPSPA Virtual Conference presentation - due May 20

NASPSPA <naspsacd@gmail.com>
Reply-To: naspsacd@gmail.com
To: ckrhea@uncg.edu

Tue, Apr 28, 2020 at 11:07 AM

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April 28, 2020

Dear NASPSPA members:

This email provides guidance on the specifics of our upcoming 2020 NASPSPA Virtual Conference on June 11-12, 2020 relative to the abstract publications, where/how/when to upload your accepted presentation, and a reminder that registration is now open.

- **Abstract publications:** If you had an abstract accepted for the 2020 NASPSPA Conference, it will be published in the *Journal of Sport and Exercise Psychology (JSEP) Supplement*.
- **Conference presentations:** Given our pivot to a virtual conference, you now have the opportunity (although you are not obligated) to present your abstract in our new 2020 NASPSPA Virtual Conference format. All authors who have accepted abstracts (regardless of whether you requested a podium or poster) and wish to present at our virtual conference are asked to adhere to the following guidance. Importantly, we ask that all presenters submit their presentation by **May 20**. The rationale for this date is below.
 - **General overview:** We have consulted with colleagues who have successfully put on virtual conferences at their universities in the past few weeks and we elected to adopt many of their practices. A special thank you to Jenny O from Cal State East Bay for sharing her expertise in this space. Our adoption of these guidelines was

through the lens of putting together a program that is manageable for the planning committee and presenters, and easily accessible for all conference attendees. Thus, we will be utilizing some features of YouTube for our individual presentations. Specific details on how this will be executed are below.

- **Presentation format:** All presenters should create a presentation consisting of a maximum of 5 slides that you present in a maximum of 5 minutes (~1 minute per slide). These are the maximums; you can have fewer slides or present for less time if that is conducive to scholarly dissemination. You can use the auditory and/or video recording function in PowerPoint, Zoom, or any other software you like to record your presentation, so long as you can save or transition your presentation into a .mp4 video format. Technical guidance on how to do this in Zoom can be found [here](#) and in PowerPoint can be found [here](#). An example 2020 NASPSPA Virtual Conference presentation following this guidance can be found [here](#). Please only include information in your presentation that is ready for public consumption. We also discourage the use of copywritten material in your presentation, as it may get flagged by YouTube. This includes using figures from one of your own previous publications, which are typically owned by the publisher.
- **Where and how to upload your video presentation:**
 - **Where:** Please upload your video presentation to YouTube. You can do this through your university-affiliated account (you may already have a YouTube account if your university uses the Gmail platform for email) or your personal account. For guidance on how to create a personal YouTube account, click [here](#). For guidance on how to upload your presentation to YouTube from your computer or smartphone, click [here](#).
 - **Title:** Once your video is uploaded on YouTube, please title it using the lead author's last name and first/middle initials, followed by et al. (if there are contributing authors), followed by "2020 NASPSPA".
 - *Example:* Rhea, C.K., et al., 2020 NASPSPA
 - **Visibility:** To ensure all conference attendees can find/access your video, please make the "Visibility" option "Public" when uploading your video.
 - **Hashtag:** We also ask that you add the hashtag **#2020VirtualNASPSPA** in the "Description" box when you upload your video, which will allow attendees to easily find all

presentations for our conference. Information on YouTube hashtags can be found [here](#).

- **Viewing duration:** Please keep your video up on YouTube and available for viewing until at least June 19. The one-week availability after the conference dates is for those who would benefit from an asynchronous conference experience due to being in different time zones throughout the world and/or for those who have other unexpected responsibilities (e.g., homeschooling, taking care of a sick relative, etc.). After June 19, you are free to pull down your video or you can leave it up for future reference. It will be on your YouTube account, so it is your choice.
- **Questions:** If you have questions about how to create your video or the process to upload your video to YouTube, please contact Melissa Pangelinan (mgp0020@auburn.edu).
- **Availability:** During a face-to-face conference, the presenters are typically available to answer questions after their presentations. In order to preserve this valuable dialogue, but to not be overly prescriptive with time requests of presenters, we ask that you are available at some point during the two-day conference to answer any questions people may have about your presentation. This could be as simple as answering presentation-related emails that may come to your inbox or interacting with people on Twitter if you provide your handle. How and when this happens is up to the individual presenter, but we encourage it, nevertheless.
- **Deadline to provide NASPSPA with your YouTube link:** We ask that you upload your video presentation to YouTube and that you provide the associated link to NASPSPA on this [Google Form](#) by **May 20**. This provides our team the time needed to organize the presentations into pods and troubleshoot as necessary. We recognize this is much earlier than some of you would typically create your NASPSPA presentations (i.e., the night before). However, given this is our first time running a virtual conference, we are doing our best to ensure minimal technical glitches. We hope you understand we are trying our very hardest to put on a good virtual conference, for which some earlier deadlines are needed. If you elect to present your work in this new virtual format (and we hope you do), you will also need to register for the conference by the May 20 deadline (see next bullet point). If you are stepping in for a co-author who was originally the lead presenter, but they can no

longer present, you can submit their presentation YouTube link on the Google Form as well.

- **Conference registration:** A reminder that registration for the 2020 NASPSPA Virtual Conference is now open! All lead presenters and anyone else who wishes to participate will need to register. If you are a NASPSPA member, [click here to register](#). If you are not yet member of our Society, you can either [click here to join](#) and then pay the member rate below or you can [click here to register at the non-member rate](#). Even if you are not presenting, it is appreciated if you can register prior to May 20, as that will help our planning process. Registering for the conference will provide access to the talks by the major speakers (Human Kinetics lecture, Keynotes, Senior Lecturers, Early Career Distinguished Scholar lectures, and the Awards/Business meeting), along with a program with the YouTube links for all of the individual presentations separated into pods, similar to what we do in our typical face-to-face meeting program.

We appreciate your continued support as we pivot to this new virtual format. It has been a learning experience for the Executive Committee and Area Program Chairs, and we hope you will join us in our attempt to preserve scientific dissemination in our field at the 2020 NASPSPA Virtual Conference. Don't forget to check out our [website](#) and follow us on [Facebook](#) and [Twitter](#) for the most up-to-date information.

Respectfully,
NASPSPA Executive Committee

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