

PRESIDENT'S MESSAGE

Welcome to 2024 and more ways to get involved in NASPSPA!

By Anne Cox, NASPSPA President

Welcome to 2024! The Board of Directors (BoD) has been very busy this past fall creating systems and procedures that will support and help sustain all of the different ways that NASPSPA has grown since the onset of the pandemic. This includes the philanthropic committee, the teaching network, the Equity, Diversity, Inclusion, and Accessibility (EDIA) task force, and the motor learning, control, and development seminar series. Please reach out to me (anne.cox@wsu.edu) if you have an interest in getting involved in any of these areas. There are so many ways you can serve NASPSPA. If you are not sure what would be the best fit for you, I'd be happy to set up a call and figure that out together.



Anne Cox

Executive Committee

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Anne Cox

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Utah State University

Communication Director
Kip Webster
University of Tennessee

Student Presentative
Franziska Loetzner
Wayne State University

Executive Director
Penny McCullagh

One of the biggest achievements in 2023 was BoD approval of the operating guidelines for the new EDIA committee. This is huge! Since it has been quite some time since NASPSPA has added a standing committee to their overall structure, we were thoughtful about creating guidelines that best represented the breadth of activities that this committee might engage in, that clearly articulated how the committee works with the BoD, and that could serve as a model for future standing committees. I want to extend a special thank you to **Sheereen Harris, Cheryl Glazebrook, and Jeff Fairbrother** for their instrumental roles in putting this document together. We are very busy inviting those who are interested in serving on the EDIA committee in the hopes of convening the committee in February or March and laying some groundwork for its first full year of operation in 2024-2025. If you are a student, post-doc, or professional who is interested in serving or learning more, please contact me (anne.cox@wsu.edu) or complete the application [here](#). Applications are due **February 16, 2024**.

As we venture into 2024, I am starting to turn my attention to all of the decisions that we will be making in the upcoming spring months. I know it may seem early, but before you know it, we will be identifying area program chairs for the 2025 NASPSPA conference in Lake Tahoe, CA and members for each program committee. There are three program committees: one in each of the areas of motor learning and control, motor development, and sport/exercise psychology. If you are a professional NASPSPA member and would like to be considered for either program committee membership or chairing a program committee, please let me know by March 1 (anne.cox@wsu.edu). One of our goals with these committees is to achieve broad representation across our entire NASPSPA community and for that to happen we need YOU! Always happy to chat more with you about what these positions entail and if it is a good fit for you.

I wish you all well as we venture into 2024!

Table of Contents

President's Message	1
Student Rep's Message	2
Past-President's Message	3
2024 Conference	3
Speakers	3
Abstracts & Awards	4
Executive Director's Message	5
Hotel	6
Registration	6
Things to Do	7
Guest Column: Lanie Dornier	7
Donations & Sponsorships	8
Philanthropic Committee	8
NASPSPA Minutes & Reports	9
Memorials	9
Student Events	9

STUDENT REPRESENTATIVE'S MESSAGE

By Franziska Loetzner, Student Representative



Franziska Loetzner

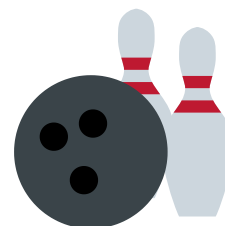
I am always available to chat via email (loetzner@wayne.edu) or twitter (@FranziLoetzner).

Since the fall newsletter, we have officially launched our new Student Connect platform: a Discord. You can access the link to join by clicking the student's tab on the NASPSPA Website. Speaking of the website... in the next coming months, I will be working with the communication director and the Student Advisory Council to build out a student tab with resources for students.

Here is some important information for Students about the conference and leading up to the conference:

- 1) We will use the Discord as the primary messaging system for students leading up to and during the conference. So, make sure you join it to stay up to date with current events before and during the conference.
- 2) We understand that the cost of the conference may seem high. We need you to know that the registration cost for students does not cover in full the actual monetary value of benefits that students get from the conference. The cost is offset by the fees the full professionals pay. Our goal is to make this conference as affordable as possible for students while still taking into consideration NASPSPA's finances as an organization.
- 3) We strongly encourage students to stay at the conference hotel. Doing so allows students to easily connect to students, professionals, and the conference as everything and everyone is right there! We know that the cost of the hotel can be expensive but by booking rooms at the hotel, we are able to have wonderful and large meeting spaces for the conference. I, once again, encourage everyone to sign up for the Discord where there is a roommate finder channel. You will be able to connect with other students who are going to the conference and may be looking for roommates. Staying with others at the hotel is one way to offset the price of the hotel!
- 4) Outstanding Student Paper Award – as you submit your abstract for the conference we encourage you to apply for the NASPSPA Outstanding Student Paper Award if you are eligible. Please see the Past President's section for more details.

The **NASPSPA Student Social** at the 2024 Conference will be Friday evening after the student meeting. This will be hosted at Fulton Alley (www.fultonalley.com). Cost is \$20 per person and space is limited, so keep an eye out for more details!



MOVEMENT CHALLENGE FUNDRAISER



A fundraiser to help support students attending the NASPSPA conference is officially underway! The fundraiser will include NASPSPA members, family, and friends competing in teams to see who can accumulate the most physical activity in the month of February. All individuals affiliated with the same university will compete on one team with all individual physical activity added together for one team score. Bragging rights will be awarded for winning teams: most physical activity (all types of physical activity included), most team members, and fastest to reach the mileage from our 2023 conference location in Toronto, Ontario, Canada to our 2024 conference location in New Orleans, LA (1,294 miles; distance-based physical activity only).

- **Registration cost:** \$15 per person. You are welcome to donate additional funds.
- **Registration deadline:** January 31, 2024. Physical activity tracking will take place February 1st-29th. Information on tracking your physical activity will be sent in the final week of January.
- **Register now:** <https://www.naspspa.com/movement-challenge/>

PAST-PRESIDENT'S MESSAGE

By Jackie Goodway, NASPSPA Past-President

Hello NASPSPA members!

We are working hard to come up with an outstanding NASPSPA conference in New Orleans from June 5th to 8th. **A big NASPSPA thank you to the wonderful Program Chairs and their amazing committees who will be busy reviewing abstracts and putting together the program soon.** Thank you to Program Chairs: Jennifer Tomasone (SEP), Sam Logan (MD) and Tim Welsh (MLC).



Jackie Goodway

Keynote Speakers and Senior Lecturers

We have identified the Keynote Speakers and Senior Lecturers for the conference. Please note that we have decided to not select a Motor Development Senior Lecturer this year as so many of our senior scholars will be at the International Motor Development Research Consortium in Ghent, Belgium at the same time as the NASPSPA conference.

NASPSPA Overall Keynote Speaker

NASPSPA Keynote Speakers



Dr. Marcio Oliveira



Sport & Exercise Psychology
Keynote Speaker
Dr. Adele Diamond



Motor Learning & Control
Keynote Speaker
Dr. Rachel Seidler



Motor Development
Keynote Speaker
Dr. Marianne Barbu-Roth

NASPSPA Senior Lecturers

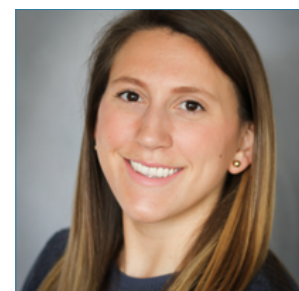
NASPSPA Early Career Distinguished Scholar



Sport & Exercise Psychology
Senior Lecturer
Dr. Alan Smith



Motor Learning &
Control Senior Lecturer
Dr. Mark Williams



Dr. Jaclyn Maher

I am delighted to announce that our Keynote Speaker, Dr. Marcio Oliveira, will also be sharing his considerable expertise in an exciting and timely pre-conference workshop on AI in teaching on **Wednesday, June 5th** from **4-7 pm**. You can enroll for the workshop at the time of conference registration. Stay tuned for other potential pre- or post-conference workshops.

NASPSPA Pre-Conference Workshop
Harnessing the Potential of AI to Transform Your Teaching in Higher Education.

2024 NASPSPA Conference - Program

DEADLINE TO SUBMIT ABSTRACTS: Monday, January 22nd – Midnight Pacific Time

Abstract Acceptance Timelines: The acceptance process is a two-step process. We will first let you know whether your abstract is accepted or rejected. Our goal is to get that decision to you by February 29th, 2024. The reason we do that is so that you know you are presenting and have more time to deal with university permission, travel and visas, etc. We will email the membership when those decisions have been made. The second decision is to determine whether the abstract is accepted for a Verbal or Poster presentation. This process takes a little more time to determine the Conference Program and figure out what abstract will be a Verbal and what abstract will be a Poster. We hope to have this decision to you no later than March 25th, 2024. An email will be sent out to indicate those decisions. At a later date we will share Poster guidelines for New Orleans.

How to Access Abstract Decisions: We will not send individual acceptance emails to authors. ALL DECISIONS REGARDING ABSTRACT ACCEPTANCE CAN BE FOUND IN YOUR NASPSPA PORTAL. Log into your account and you should see a letter indicating the decision on your abstract. ONLY THE FIRST AUTHOR IS INFORMED. It is up to the first author to inform all other authors of the decision. At a later date, a letter will inform you whether you will present a poster or verbal presentation.

If you have technical problems with the submission process please contact Joel Barnes our Webmaster at j@barnzilla.ca

Student Paper Award:

Students are encouraged to apply for the NASPSPA Student Paper Award. The goal of this award is to recognize meritorious research by student members of NASPSPA. Please see the NASPSPA website under “[Awards](#)” or “2024 Annual Conference” for full details of the award. ***Please note the guidelines have changed from previous years.***

In order to be eligible for the award students must:

- At the time of submission be an enrolled student (not post-doctoral fellow)
- A single student, not a group of students
- The research must primarily be conducted by the student (there may be co-authors)
- Check the box on the Abstract Portal to be considered for the Outstanding Student Paper Award



Student Applicant Additional Materials – due February 5th

Two weeks following the abstract deadline, **February 5th, 2024 midnight Pacific Time**, all Outstanding Student Paper Award applicants should submit to the Area Program Chair (SEP= Jennifer Tomasone, tomasone@queensu.ca; MD= Sam Logan, Sam.Logan@oregonstate.edu; MLC= Tim Welsh, t.welsh@utoronto.ca) and the Past President (pastpresidentnaspspa@gmail.com) the following abstract:

- **Long Abstract** - A long abstract (no longer than 5 pages double-spaced, 12-pt. font, including figures, but excluding title page and references) as a single PDF file to the Past President and Program Chair. This abstract should include: a brief introduction highlighting the significance of the study, the research question/s, methods, results (including selected figures if appropriate), and a discussion of the impact of the findings and their significance to the literature, and/or theory and/or professional practice, and/or policy. Deadline is two weeks following the abstract submission deadline of the Annual Conference.
- **Email a single PDF file:** Name the file “last name_program area (MD/MLC/SEP)_StudentPaperAward. For example, “Smith_MD_Student PaperAward”.

Submit an Academic Advisor Letter of Nomination: A letter of nomination for the award must be written by the graduate student’s advisor indicating why this student’s research is worthy of the Outstanding Student Paper Award. This letter should: 1) indicate that the applicant is a current student; 2) highlight why this student’s research is worthy of the Outstanding Student Paper Award; 3) address the award criteria; 4) provide a statement that the student had human ethics approval for the study; and 5) include a statement indicating that the majority of the work undertaken for this research was completed by the student. In the case of multi-authored publications, the advisor should indicate the individual contributions of each author and specifically the unique contribution of the student. This letter must be emailed directly to the **Past President and Area Program Chair by the advisor**. Deadline is two weeks following the abstract submission deadline - **February 5th, 2024 midnight Pacific Time**.

2024 NASPSPA Conference - Program (cont.)

Outstanding Student Paper Award Criteria

The following are the evaluation criteria for the award:

- **Innovation of the study and research questions** – have the main findings or applications been published previously? Research questions, results and interpretations add new knowledge to science in the respective field.
- **Rigor of methods** – is the experimental design sound and appropriate for the stated purpose of the study? Are the methods and analysis appropriate and sufficiently clear to be readily repeated by other scientists? Methods are rigorous and follow best practices for science in the respective field.
- **Significance of findings** – does the paper report important findings that add to the body of scientific knowledge? Study results provide new insights and fill gaps in the literature for science in the respective field.
- **Impact** – are the theoretical, practical, or policy applications of the study clear and concise? Study provides insights that inform application of results.

Students will be contacted by the Area Program Chair and Past President of the decision by March 8th, 2024. Please read the detailed guidelines in the Policy Manual for more guidance and reach out to the Past President if you have questions (PastpresidentNASPSPA@gmail.com). Students who win the Student Paper Award will be acknowledged at the Business and Awards Meeting during the conference.

Conference Program and Abstract Book

At a later date a grid and conference program will be posted to the NASPSPA website along with instructions for oral presentation and poster formats.

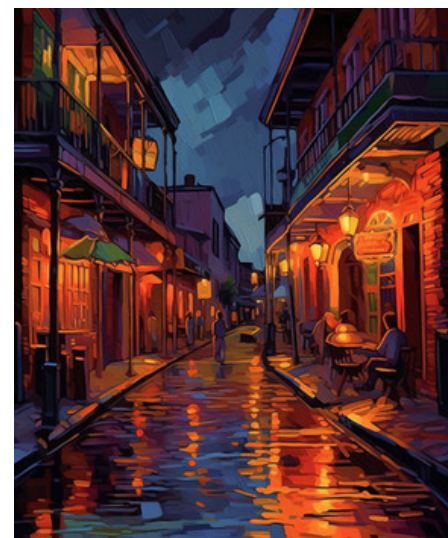
<https://www.naspspa.com/annual-conference-2/2024-annual-conference/>

The abstract book will be available on the conference website mid- May. Stay tuned to NASPSPA emails for an announcement once it is posted or check the website.

Logistics: Please read Penny's section below and the conference web site for valuable information about New Orleans, transportation from airport to downtown, and student events.

If you have questions about the program, contact Jackie Goodway
(PastpresidentNASPSPA@gmail.com).

If you have questions about other logistics, contact Penny McCullagh
(naspspaed@gmail.com).



We look forward to seeing you in New Orleans for a great conference!

EXECUTIVE DIRECTOR'S MESSAGE

Welcome to New Orleans!

By Penny McCullagh, Executive Director

An exciting time each year is planning to engage in the annual NASPSPA conference. For many people that means submitting an abstract for presentation and for those who decide not to do so, it is planning to attend and listen to a broad spectrum of major speakers and visit an exciting city.

Well the Crescent City, NOLA, N'Awlins, New Orleeens, The Queen City of the South or the Big Easy are some of the names for this fascinating city. While many people think of this city as an adult-oriented playground, there are many family-oriented activities. I asked **Lanie Dornier** who is Director of the Kinesiology program at Tulane University to provide us with an insider's view of her now hometown. (see Page 6 for her comments and a full list of her recommended activities on the web site under "2024 Annual Conference" tab)

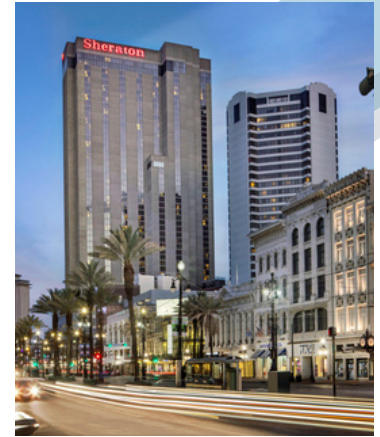


Penny McCullagh

2024 NASPSPA Conference - Logistics

Hotel

We are staying at the beautiful Sheraton Hotel at 500 Canal Street in the heart of New Orleans. NASPSPA contracts years in advance with hotels to try to obtain the best possible prices. The hotel industry fluctuates year to year and we understand that the hotels we choose may seem “higher” end to some. However, NASPSPA negotiates to have either very small or NO rental rates for the wonderful meeting rooms we obtain. If we stayed at smaller hotels or less expensive ones, we would then have to rent meeting rooms perhaps at a convention center that would raise the costs of registration. Also, if we do not meet our promised room block, NASPSPA must pay attrition fees to the hotel which can run in the 1000’s. We encourage you to stay at the conference hotel if you can. Our primary meeting nights are Wednesday through Saturday. If you want to arrive earlier or stay later we do have some rooms available. If you have trouble getting a room, please contact Executive Director Penny McCullagh as soon as possible at naspspaed@gmail.com. As the conference date approaches it is much harder for us to get additional rooms at the hotel.



Room Rates

Single, Double	\$189
Triple	\$214
Quad	\$239

There is also some availability for club level rooms (which allows you access to private club that has breakfast items (coffee, juice, rolls, yogurt, etc) and happy hour items (appetizers). There is an additional cost per room for this privilege.

Here is the link to make your reservations.
<https://book.passkey.com/e/50545058>

Registration

Registration for the conference is coming very soon! This will be available on the website and you will receive an email notification when this is ready. Please register no later than **May 15th**. It becomes very difficult to address the many issues that arise when you register after that date (e.g., counts for coffee breaks, chairs in rooms, name badges are printed right after May 15th etc.).

WE MUST PLACE GUARANTEES FOR FOOD AT RECEPTION AND DINNER FAR IN ADVANCE OF THE CONFERENCE. ONE RECEPTION TICKET AND ONE DINNER TICKET IS INCLUDED IN REGISTRATION FEE. Last year we had 75 people say no to dinner and when contacted most said they were in error. It is very difficult to modify those numbers with hotel after we put in guarantees.

Registration fees are as follows:

	By April 1	By May 1	By May 15	After May 15
Students	\$250	\$300	\$350	\$450
Professionals	\$450	\$500	\$550	\$600
Post Docs	\$275	\$325	\$375	\$475
Retirees	\$325	\$400	\$450	\$500
Non-Member Professional	\$550	\$600	\$650	\$700



Parking Rates at the Hotel

Valet Parking - \$52.00 + tax/ Oversize Vehicle - \$62.00 + tax which the 15% off will apply.

Airport Shuttle Information

<https://www.neworleans.com/plan/tranSPORTation/airport-shuttle/>

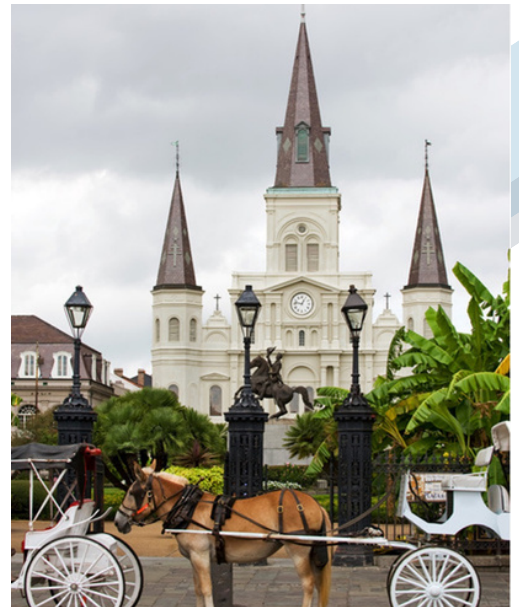


Things to do in New Orleans

- Garden District Tour: 10am
- The Local's Guide to the French Quarter Tour: 10am
- Pestilence, Pandemic & Plague Tour: 1pm
- Kid-friendly Ghost Tour: 5pm
- Sinister Criminal Intentions: The Original True Crime Tour: 4pm + 7pm
- Our Favorite Ghosts Tour: 8pm
- Lewd Spirits Pub Crawl and Ghost Tour: 5pm + 8pm

Book with the discount code or find out more information at:
<https://uniquenola.com/>

Get a 20% discount by using this code **NASPSA24**
(Or call directly to book at 504-777-7769)



Guest Column: New Orleans

By Lanie Dornier, Director of Kinesiology at Tulane University, New Orleans, Native of South Louisiana



Lanie Dornier

For those coming to New Orleans for the 2024 NASPSA conference be sure to step outside of the hotel and enjoy this unique, beautiful, and eccentric city. New Orleans is like no other city in America with its rich history, amazing architecture, and eclectic culture. A little history; the city was established in 1718 by the French Mississippi Company on land inhabited by the Chitimacha when this territory was called *Bulbancha* (land of plenty). It is important to recognize this land was inhabited by a group of people who were instrumental in navigating the waterways and developing this area as a trade route long before it was founded by Jean-Baptiste Le Moyne de Bienville as a French Colony. As you walk around the city you can see many plaques that have been erected to tell the story of the history of the city- some of it very sad and painful as a major port for the slave trade in the United States.

New Orleans is culturally rich because of our history as a major port city and the importance of the Mississippi river for commerce and trade. Today the river is used for commerce with huge container and cargo ships, massive cruise ships as well as a large Navy ship docked on the river at the end of Crecent City Park (a very nice and quiet linear park along the river just downriver from the French Quarter). There is also a ferry (Algiers ferry) at the base of Canal Street that will take you across the river to Algiers, with quaint neighborhoods and cool bars within walking distance from the ferry drop off. Be sure to bring exact change to ride the ferry (\$2.00 each way). We also use the water as a source of navigation. Locals do not use North, South, East and West as navigational terms; we use “up-river”, “down-river”, “lake-side”, and “river-side”. The traditional terms can be confusing. Depending on where you are standing, the west bank of the river can be to the east. New Orleans is a bathtub between the Mississippi river and Lake Pontchartrain. We have the longest continuous bridge over water in the world, the Causeway bridge, that connects New Orleans to the north shore across Lake Pontchartrain (23.8 miles). Much of the city is below sea level with the lowest point being 6 feet below sea level. This is why our graves are above ground. It is a great city to walk or ride a bike as we do not really have any hills and the highest elevation in the city is 20 feet above sea level.

There is so much history in this city it is hard to share in one short story. Our French and Spanish history is evident by the architecture of the French Quarter, also called the *Vieux Carre* (Old Square). Walk around our neighborhoods to see the beautiful architecture of the many cultures. An easy walk to the Marigny and Bywater neighborhoods will show beautiful historical homes built by working class Irish, Italians, and Germans; many of which are now interesting shops, great restaurants, and fun bars. And be sure to try out the local eating establishments. Food is our groove. Well food and amazing local live music. You can also ride the Streetcar up St. Charles Avenue to see how the wealthy families of the past built homes and wealthy families of today live.

Whatever you do while in New Orleans be sure to **Laissez le bon temps rouler**.

You can find a list of Lanie's recommendations on the NASPSA website under the “2024 Annual Conference” tab

DONATIONS AND SPONSORSHIPS

In the last few years, NASPSPA has increased its solicitation of individual donations and sponsorships from both universities and businesses. The result has been both support for the annual conference as well as sufficient funds to support student registrations. In 2023, as a result of donations, 25 students were awarded ambassador status with free registration. As a NASPSPA member, we ask you to consider soliciting funds from your university or businesses (e.g. equipment, books) that you have contact with or personal donations.



Personal Donations

In an effort to support student participation at the conference, many individuals made personal donations in 2023. Student registration is \$250 so if you donate that amount, one student will receive support. NASPSPA is a 501(c) 3 organization so you will receive a receipt for tax-filing purposes. You do not need a Paypal account to make a donation, you can use a credit card. Go to the website under “2024 Annual Conference- Sponsorships or Donations” for full details.

Qualified Charitable Distributions (QCDs) for US:

- Allows individuals who are 70½ years old or older to donate up to \$100,000 total to one or more charities directly from a taxable IRA instead of taking their required minimum distributions (RMD).
- A QCD excludes the amount donated from your taxable income, which could make a difference in your tax bracket when you are required to take your RMD (age 73 in 2023).
- State tax rules on QCDs vary, so donors using charitable distributions should consult a tax advisor to understand the impact on state tax liabilities.

University or Corporate Sponsorships

- [NASPSPA University Sponsor Letter 2024](#)
- [NASPSPA Business Sponsor Letter 2024](#)
- [Conference Sponsorships Packages](#)

PHILANTHROPIC COMMITTEE UPDATE



Travis Dorsch



Penny McCullagh

NASPSPA has long recognized and supported student activities. This is demonstrated in a number of ways including full voting rights for students, student travel grants, student research grants, professional development opportunities, and financial support of student volunteers at the annual conference. In recent years, NASPSPA has recognized that students need additional support if they are to attend the annual conference and also recognizes that professional members and the society itself may also need financial support to ensure a sustainable future. For about 20 years, NASPSPA has attempted to solicit companies to exhibit at NASPSPA for fees that were used to support the conference. In 2022, donations were solicited from universities for the first time to support the scientific program and in 2023 this initiative was extended to have named lectures at the conference. In light of our expanded annual fundraising, the NASPSPA Board of Directors recognized that the society needed to have a formal plan on how to solicit philanthropic donations as well as a plan for how those donations should be spent. A presidential ad-hoc committee was formed in the Fall of 2022, led by **Secretary-Treasurer Travis Dorsch** and **Executive Director Penny McCullagh**. As a primary task, the ad-hoc committee is engaging in brainstorming to guide NASPSPA's future fundraising efforts. This has led to the production of ideas around how to generate and use funds most effectively. The committee looks forward to further engagement with NASPSPA membership and to exploring many potential avenues for its future efforts. If you have any ideas you would like to share with the committee, please contact NASPSPA Secretary-Treasurer, Travis Dorsch, at Travis.Dorsch@usu.edu, or NASPSPA Executive Director, Penny McCullagh, at naspspaed@gmail.com.

NASPSPA REPORTS AND MINUTES

Board of Directors Meeting Minutes

The NASPSPA Board of Directors met in Chicago, Illinois on September 13th and 14th, 2023. The board covered a wide range of topics pertaining to the business of the society. Primary topics included a recap of the 2023 conference in Toronto, a review of financial accounts and 2024 budget, award nominations, committee updates and membership, and planning for the 2024 conference in New Orleans. The full meeting minutes can be found on our website (<https://www.naspspa.com/executive-committee-minutes-2/>).

Financial Report and Membership Report

The NASPSPA 2023 Financial Report and Membership Report can be accessed via the NASPSPA website (<https://www.naspspa.com/minutes-reports/>).

Reduced Fee Membership Based Upon Country of Residence for Individuals from Lower-Income, Lower-Middle and Upper-Middle Income Countries

At the 2023 conference in Toronto NASPSPA passed a new reduced fee membership to those from low-income, lower-middle and upper-middle income countries (according to the World Bank Classification). More details can be found on the NASPSPA website on our membership page.



MEMORIALS

If you know of a NASPSPA-related scientist who has recently passed, please send information to President-Elect Jeff Fairbrother (jtf0049@auburn.edu).

STUDENT NEWS

Upcoming Graduate Student Awards

If you are interested in applying for future awards, information on the application process and deadlines can be found on the Graduate Student Awards and in the Policy Manual NASPSPA website. Deadlines for awards are as follows:

AWARD FOR INTERNATIONAL CONFERENCE TRAVEL

- Deadlines: Three competitions a year (May 31, September 30, January 31)
- Up to \$700 for travel to conference outside North America

OUTSTANDING STUDENT PAPER AWARDS

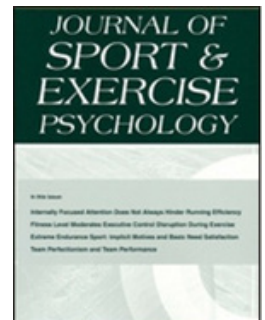
- Deadline: 2 weeks following abstract submission deadline
- Students must indicate interest when submitting abstract
- \$200 prize + conference registration fee

STUDENT RESEARCH GRANT

- Deadline: April 1, 2024
- Up to \$2000 toward research expenses

NASPSPA Human Kinetics News

Remember that along with your NASPSPA membership you get free access to all articles in the **Journal of Sport and Exercise Psychology** and the **Journal of Motor Learning and Development**. You can access the links to the journals once you sign into NASPSPA. These are located under “Resources” on our website under “Official Journals”.



NASPSPA Newsletter Created by: Kip Webster