

2026 Montreal	Montreal AB -11th floor	Montreal C-11th Floor	Montreal D-11th Floor	St Antoine -9th Floor
Registration located in Fortifications - Wednesday 4-7 pm; Thursday 7-8 am & 9:30 am-5:30 pm; Friday 7 am-2:30 pm; Saturday as posted				
Wednesday, June 17				
8:00-2:00	NASPSPA Board of Directors Meeting - Youville			
4:00-8:00	Pre-Conference Workshop 1, Montreal C		Pre-Conference Workshop 2, Montreal D	
Thursday, June 18 - Day 1				
8:00-8:30	Conference Welcome, Montreal AB, 11 th Floor			
8:30-9:30	NASPSPA Keynote Lecture--Roberts, Montreal AB, 11 th Floor			
9:30-9:45	Refreshment Break - 9 th Floor			
9:45-11:00	SEP 1.1.A PA & Mental Well-Being	SEP 1.1.B Affective Experiences	MD 1.1 MC & Health Outcomes	MLC 1.1 Attentional Focus
11:05-12:20	SEP 1.2.A Motivational Processes	SEP 1.2.B Designing & Delivering	SEP 1.2 Youth & School-Based PA	MLC 1.2 Practice Structure
12:20-1:50	Lunch on your own	Faculty Mentoring Meeting	Ambassadors Meet & Greet	
1:50-3:05	SEP 1.3.A PA, Fitness, & Cog Health	SEP 1.3.B PA & Spec Pops	SEP 1.3 Coaching Education	MLC 1.3 Sensorimotor Integration
3:10-3:40	Distinguished Scholar and Early Career Distinguished Scholar Announcements, Montreal AB, 11 th Floor			
3:40-4:40	SEP Keynote David Conroy, Montreal AB, 11 th Floor			
4:45-6:15	Poster Session 1 & Cash Bar, Ville-Marie, 9 th Floor			
6:15-8:00	Reception, Fortification			
8:00	Evening & dinner on your own			
Friday, June 19 - Day 2				
6:45-7:55	APC Chairs Breakfast Meeting (incoming and outgoing, presidents), TBD			
8:00-9:15	SEP 2.1.A Coaching	SEP 2.1.B Group Dynamics	SEP 2.1.C Dev Experiences	MLC 2.1 Perception-Action
9:20-10:35	SEP 2.2.A Sym: Coping & Wellbeing	SEP 2.2.B Athlete Mental Health	MD 2.1 Neurodivergent Populations	MLC 2.2 Gait, Balance, & Postural
10:35-10:50	Refreshment Break - 9 th Floor			
10:50-11:50	MLC Keynote Christopher Connaboy, Montreal AB, 11 th Floor			
11:50-1:20	Lunch on your own		Past Presidents Lunch, St. Jacques	
1:20-2:35	SEP 2.3.A Body Image	SEP 2.3.B Inclusivity in Sport & PA	SEP 2.3.C Psychological Skills	MLC 2.3 Clinical & Translational
2:40-3:55	Senior Lectures, Montreal AB, 11 th Floor			
3:55-4:40	Future of NASPSPA Open Member Discussion, Montreal AB, 11 th Floor			
4:40	Evening & dinner on your own Student Meeting, Montreal AB, 11 th Floor Followed by Student Social			
Saturday, June 20 - Day 3				
8:00-9:15	SEP 3.1.A Perceptual-Cognitive	SEP 3.1.B Athlete Development	SEP 3.1.C Conceptual Advances	MLC 3.1 Motor Planning
9:20-10:35	SEP 3.2.A Measurement	SEP 3.2.B Digital & Experiential	SEP 3.2.C Identity, Relationships, &	MLC 3.2 Tech in Motor Behavior
10:35-10:50	Refreshment Break, 9 th Floor			
10:50-12:05	SEP 3.3.A Psychophys Responses	SEP 3.3.B Self-Regulation	MD 3.3 Infants & Early Childhood	MLC 3.3 AI Interaction
12:05-1:05	Lunch on your own			
1:05-2:05	MD Keynote Caterina Pesce, Montreal AB, 11 th Floor			
2:10-3:10	Business & Awards Meeting, Montreal AB, 11 th Floor			
3:10-4:25				MLC 3.4 Sym: The Road to Excellence
4:30-6:00	Poster Session 2 & Cash Bar, Ville Marie, 9 th Floor			
6:00-6:30	Banquet Reception, 9 th Floor			
6:30-11:00	Banquet Dinner & Dancing and Games, Montreal Ballroom, 11 th Floor			